



# Ewell Grove Newsletter



Our Harvest Hut was a huge success today! Thank you to the children in Early Years for decorating it with their beautiful work. In class, the children have been discussing where our favourite foods come from, why the harvest festival is so important and how harvest is celebrated around the world. If you would like to continue this discussion at home you may like to visit [CBeebies](#) or [BBC Bitesize](#) as a starting point.

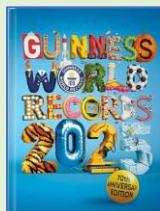
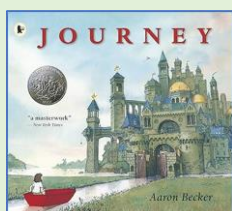
Our weekly singing assemblies have begun and continue to be a highlight of the week! This week our children in Reception joined the assembly and it was delightful to see them smiling, singing and copying the actions. It's always a joy to see the children come together to learn new songs. If you would like to practise some singing at home, we have been learning 'Bring It All Back' by S Club 7 and the 'Harvest Samba'.

Finally, I am sure you would like to join me in congratulating Mrs Jenkins on her exciting news as she is expecting a new addition to her family. Mrs Jenkins will be taking maternity leave from Friday 19<sup>th</sup> December 2025 and is expecting to return during July 2025.

*Miss Paula Rising*

## A Love of Reading

This week Mrs Gardiner has recommended the following stories that you may like to share at home.



Returning to a book and re-reading it for a second or a third time can be comforting and enjoyable. I have enjoyed returning to "Journey" by Aaron Becker, each time I have noticed something extra in the illustrations. This book does not have words and each time you look through it you can create a slightly different story. It is food for your imagination. The Guinness World Records book has been a family favourite for many years. This book is brilliant because you can dip in and out of it many times. I try to imagine which world record I would attempt - what would you try?



Thank you for your generous support of our Harvest Festival. All items were delivered to the [Epsom and Ewell Foodbank](#) this morning.



[Parents Information Booklet](#)



[Calendar of Events](#)



## Epsom & Ewell Young Legends

Epsom & Ewell Young Legends is a new local programme designed to give children aged 9 to 11 the opportunity to take part in fun, free, and inclusive sport and creative sessions. The programme helps children build confidence, make friends, and develop new skills.

Your child has been given a leaflet with more information and if you are interested, please follow the [link](#) for more information.

## Subject of the Week – Science

This week, Year 6 were visited by a teacher from Blenheim High School who carried out a lesson on heart dissection, talking through the names of the sections of the heart and their functions.

This was a wonderful opportunity for the children to get first hand knowledge together with a view of the internal structure of a heart.



## Half Term

The school will be closed from **Monday 27<sup>th</sup> October** to Friday 31<sup>st</sup> October.

Please note that **Friday 24<sup>th</sup> October** is an Inset Day.

## Is Your Child in Year 6?

If your child was born between 1<sup>st</sup> September 2014 and 31<sup>st</sup> August 2015 you will need to **apply for a secondary school place by 31<sup>st</sup> October 2025**.

We suggest you submit your secondary application by **24<sup>th</sup> October 2025** as this is the Friday before the half term holiday. Secondary outcomes will be sent by post or email on 3<sup>rd</sup> March 2026. Apply online at [surreycc.gov.uk/admissions](http://surreycc.gov.uk/admissions) or you can call them on 0300 200 1004.

## Nursery Parents

If your child was born between 1<sup>st</sup> September 2021 and 31<sup>st</sup> August 2022 you will need to apply for a school place.

**Nursery children** will be coming home with a leaflet with full details of the application process.

**Reception** outcomes will be sent by post or email on **16<sup>th</sup> April 2026**.

Apply online at [surreycc.gov.uk/admissions](http://surreycc.gov.uk/admissions) between **1<sup>st</sup> September 2025** and **15<sup>th</sup> January 2026**.

## Assessments – For Your Information

Primary school pupils in England take part in the:

- reception baseline assessment: within the first 6 weeks of entering reception
- [early years foundation stage profile assessment](#): between April and June of the academic year in which they turn 5 (usually the reception year)
- phonics screening check: in June of year 1
- key stage 1 tests: optional, at the school's discretion, at the end of year 2
- multiplication tables check: in June of year 4
- key stage 2 tests (sometimes referred to as SATs): in May of year 6

Please use the [link](#) to find out more information about the individual assessments.

## SEN Parent Group Coffee Morning

Friday 10<sup>th</sup> October at 9:00am

Bourne Hall Cafe

All welcome!

## Christmas Card Competition

Helen Maguire, Member of Parliament for Epsom and Ewell, is running a Christmas Card competition with the winning design to be used on her office Christmas card for 2025. This is open to all students from Reception to Year 5. All entries must be submitted on the template, included on the last page of this newsletter, and posted to the address at the bottom of the template by no later than **Friday 14<sup>th</sup> November**.

## Parents Evening

**Reminder** - Autumn Term Parents' Evening will take place on the below dates and times:

### Nursery

Tuesday 21<sup>st</sup> October – 2:30 – 3:30pm

Wednesday 22<sup>nd</sup> October – 3:40pm – 6:50pm

Thursday 23<sup>rd</sup> October - 3:40pm – 6:00pm

### Main School

Wednesday 22<sup>nd</sup> October – 3:30pm – 6:50pm

Thursday 23<sup>rd</sup> October - 3:30pm – 6:20pm

For full details, including booking instructions, please click on the link to the [Parents Evening Autumn Term letter](#); available on our website under 'virtual office' 'letters'.



# ASK THE HSLW



Welcome to our new column Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.

## Having emotional goodbyes?



### Create Predictability

Children feel calmer when they know what to expect. A simple visual morning routine chart can give your child confidence and a sense of control.

### Emotional Regulation Tools

- **Name it to tame it:** "I can see you're feeling nervous. That's okay, let's take a breath together."
- **Grounding techniques:** 5 things you can see, 4 you can touch, 3 you can hear, 2 you can smell, 1 you can taste.
- **Borrowing your calm:** Children pick up on our emotions. If you stay steady, they feel steadier too.



### Extra Tips

- Practice your goodbye ritual at home during play.
- Avoid bargaining or promising early pick-ups, as this can make parting harder.
- **Remember:** the school team will always care for your child once you've left.



### Book Recommendations (Both are on YouTube)

- **The Invisible String** by Patrice Karst - introduces the idea of an invisible string that connects people who love each other, no matter how far apart they are.
- **The Kissing Hand** by Audrey Penn - follows Chester Raccoon, who is nervous about starting school and being away from his mother. To comfort him, she kisses the palm of his hand and tells him that whenever he feels lonely, he can press his hand to his cheek and feel her love.

Separation worries at school drop-off are very common, and while they can be tough for both children and parents, there are simple strategies that can really help.

### A Consistent Goodbye Ritual

Keep goodbyes short, positive, and the same each day. A ritual gives children a sense of safety, closure and can be adapted for any age:

- **For little ones:** Try a fun sequence: Kiss on the hand, Hug, High Five, Rocket Blast-off ("3, 2, 1... BLAST OFF to a great day!").
- **For older children:** Keep it more subtle but still consistent e.g. "Big hug, fist bump, have a great day, see you after school."
- **Secret Button:** Draw a tiny heart or dot on your child's hand and yours (using a non-toxic pen). Explain it's your "secret connection button" - whenever they tap it, they can imagine you doing the same.

It's a simple but powerful way to help children feel safe and connected when apart.

Always finish with a warm, confident message: "I love you, I'll see you after school. Now it's time to go with your teacher." Then calmly hand them over and walk away. This consistency builds trust.







**Learn new skills. Make friends. Build confidence.**

**FREE Epsom & Ewell Young Legends Programme for children aged 9 to 11 11 October to 24 November 2025**

Arts & Crafts ★ Basketball ★ Girls Rugby  
★ Judo ★ Musical Theatre (Song & Dance) ★  
Rap Therapy ★ Yoga & Meditation

Sign up below, or complete a form at Epsom Town Hall



[epsom-ewell.gov.uk/younglegends](https://epsom-ewell.gov.uk/younglegends)




**Epsom & Ewell Young Legends programme 2025**

**Timetable and activities**

Up to two activities can be selected per child.

Activity	Date	Time	Venue
Arts & Crafts	Saturdays: 11 & 18 Oct and 1 & 8 Nov	10.30am-12 noon	Epsom Library
Arts & Crafts (for children with SEN)	Saturdays: 11 & 18 Oct and 1 & 8 Nov	2.00pm-3.30pm	Epsom Library
Basketball	Sundays, from 12 Oct to 16 Nov	9.00am-10.00am	Epsom & Ewell High School
Girls Rugby	Wednesdays, from 15 Oct to 19 Nov	6.30pm-7.30pm	Sutton & Epsom Rugby Football Club
Judo	Tuesdays, from 14 Oct to 18 Nov	6.00pm-7.00pm	Rainbow Leisure Centre
Musical Theatre (Song & Dance)	Mondays, from 3 to 24 Nov	4.30pm-6.00pm	Laine Theatre Arts
Rap Therapy	Thursdays, from 16 Oct to 6 Nov	4.00pm-5.00pm	Epsom Library
Yoga & Meditation	Fridays, from 17 Oct to 21 Nov	3.30pm-4.30pm	Body & Brain, Epsom

With special thanks to coaches and practitioners from...  
Body & Brain Epsom ★ Cagers Basketball Club ★ Creative Minds ★ Laine Theatre Arts ★ Rap Therapy ★ Sutton & Epsom Rugby Football Club ★ Westcroft Judo Nork

**How to sign up**

- [epsom-ewell.gov.uk/younglegends](https://epsom-ewell.gov.uk/younglegends)
- scan QR code
- complete form at Epsom Town Hall



*Any queries? Contact the council's Community Development team on [cdevelopment@epsom-ewell.gov.uk](mailto:cdevelopment@epsom-ewell.gov.uk)*



**Win a Mad Hatter's Tea Party**

for 6 people in The Glasshouse on 31st October 2025

**How to Enter:**  
Simply purchase tickets for Malice in Lavenderland before 24th October and you will be entered into a free draw to win one of 5 Mad Hatter's Tea Parties for 6 people!






**Malice in Lavenderland**

**The Pumpkin Patch**  
PICK YOUR OWN!

**BOOK HERE!**

[www.mayfieldlavender.com](http://www.mayfieldlavender.com)

## Friends of Ewell Grove Events

### October

Friday: 3 <sup>rd</sup> October - 7:30pm	FOEG Book Club (You are here by David Nicholls)
Sunday: 5 <sup>th</sup> October – 7:00pm	Christmas Fair: Santa's Grotto - tickets sales open
Friday: 17 <sup>th</sup> October - 7:30pm (7:45pm start)	Quiz Night fundraiser (pre-paid tickets only – <b>Sold Out</b> )
Week commencing Monday: 20 <sup>th</sup> October	Nearly new uniform – online order form goes live
Sunday: 26 <sup>th</sup> October – 7:00pm	Christmas Wreath-Making workshop – ticket sales open

\*Details of Christmas card orders will be communicated in October\*

### November

Thursday: 6 <sup>th</sup> November (6:30 - 8:00pm) & Friday: 7 <sup>th</sup> November (8:45 – 9:00am)	The Little Recyclers (clothes collection fundraiser)
Monday 3 <sup>rd</sup> November to Wednesday 5 <sup>th</sup> November	Nearly new uniform - donations accepted
Monday: 5 <sup>th</sup> November- 4:00pm	Nearly new uniform - online orders close
Monday: 5 <sup>th</sup> November – 7:00pm	Nearly new uniform – sorting evening (volunteers needed)
Friday: 7 <sup>th</sup> November – 9:00am – 11:00am	Christmas cards – order sorting (volunteers needed)
Monday: 10 <sup>th</sup> November – 3:15pm	Nearly new uniform – playground sale
Friday: 14 <sup>th</sup> November – 9:00am	FOEG Open Meeting (all welcome)
Late November (date TBC)	Santa's Postbox opens

### December

Wednesday: 3 <sup>rd</sup> December	Non-Uniform day and Christmas Fair donations
Wednesday: 3 <sup>rd</sup> December – 8:45am – 9:15am	Christmas Fair donations (volunteers needed)
Friday: 5 <sup>th</sup> December – 8:00 – 10:00pm	Wreath Making workshop (pre-paid tickets only)
Thursday: 11 <sup>th</sup> December – 7:00 – 10:00pm	Christmas Fair prep evening
Friday: 12 <sup>th</sup> December – 4:00 – 6:00pm	Christmas Fair & Santa's Grotto (Grotto pre-booked tickets only)
Week commencing Monday: 15 <sup>th</sup> December	Nearly new uniform – order form goes live



**HALLOWEEN HALF TERM  
IN EWELL LIBRARY**



**TUES 28/10: 2:30-3:30PM  
LEGO LABORATORY ESCAPE ROOM £3**



**WEDS 29/10: 11-12PM  
CREEPY CODING SESSION 10+ £3**

**FRI 31/10: 10-11AM  
HOCUS POCUS POTION MAKING £2**



**SAT 1/11 : 11-11:45AM  
SCARY CRAFT £1**

**BADGE MAKING TUES/WEDS 50P  
DROP IN LEGO - THURSDAY 3:30-4:30PM £1  
SPOOKY STORYTIME WED 10:30-11AM  
BONE RATTLING RHYMETIME THURSDAY**

*Book chargeable events at the Desk*

## 2025 Christmas Card Competition – Helen Maguire MP

**Name of School:** .....

**First and Last name:** .....

**Age:** .....



To be submitted to: Helen Maguire, Global House, 1 Ashley Avenue, Epsom, Surrey, KT18 5AD  
by Friday 14<sup>th</sup> November.