



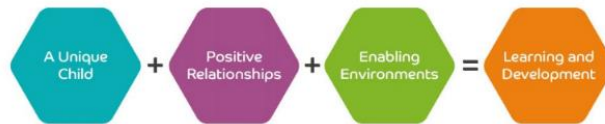
Ewell Grove Newsletter

Remember, small ripples create big waves.

This week during our whole school assembly we shared the story 'Race to Kindness' written by the inspirational child author Orion Jean. Orion Jean's Race to Kindness started at age 9 and with the help of the community he was able to collect over 600 toys for a Children's Hospital. Orion has held 'Race to Kindness' free book fairs and also shares his 'Be K.I.N.D' message where ever he goes! Orion hopes his story inspires YOU to be part of the 'kindness ripple effect' in your own way. Remember every BIG wave starts with a SMALL splash. We would love for you to share what you would do to make a difference to the world with your class teacher.



Our Ewell Grove approach and ethos are firmly rooted in the Early Years Foundation Stage principles. *'All children develop in different ways and development is not a linear or automatic process. It depends on each unique child having opportunities to interact in positive relationships and enabling environments that encourage their engagement and recognise their strengths.'* Development Matters - September 2020 Revised September 2023.

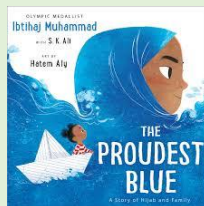


Our broad and balanced curriculum is implemented through our adapted group teaching approach from Reception through to Year 6. Group Teaching involves working with the children in small focus groups and adapting the teaching to meet their needs. This approach enables the adults to model learning, break the learning down into manageable steps and provide support to individuals at the first point of delivery – every interaction with a child is an opportunity for an intervention. Our whole school [Curriculum Map](#) on our school website provides a detailed overview of what is taught in each subject and how the learning is sequenced from Nursery through to Year 6.

Miss Paula Risina

A Love of Reading

This week Mrs Theobalds has recommended the following stories that you may like to share at home. I love sharing stories that represent the diverse community we live in. Next week, I will be sharing two wonderful picture books called "The Proudest Blue" and "The Kindest Red". These two books are written by the same author and takes the reader on a wonderful journey about the importance of the hijab whilst bringing in our PSHE values of families, friendship, kindness and respect. Also, in Kite Class to celebrate October being Black History Month, we have a new addition to our class library, a fantastic book called "10 Children Who Changed the World". I have loved finding out about Billy (William) Sancho, the child of a liberated black slave from the Caribbean, who started his own book publisher and seller business with his mother in the 1800s.



Parents Information Booklet



Calendar of Events



Home School Link Worker

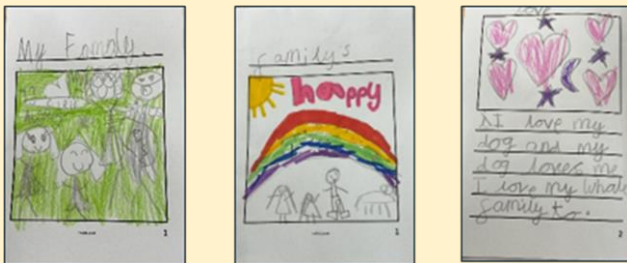
On **Friday 7th November at 9:00am**, join us for our workshop "Worry Wise: Supporting Your Child Through Anxiety". A practical and supportive session for parents covering what anxiety is, why children worry, how to spot the signs, and how to respond helpfully. You'll leave with biscuits, top tips, tools for talking it through, and ways to look after yourself too!

Subject of the Week – PSHE / RSE

This half term the theme for PSHE is 'All About Me'. In Year 1, the children have been thinking about their families and home. They have created these beautiful pictures that represents what family means to them.



In Year 3, the children have been discussing different types of families. They have written and published their own books linked to their families.



Finally, Year 5 have been exploring what 'Respect' and 'Diversity' means. We discussed our similarities and differences. We used our ideas to create some word art in our books.



Parents Evening

Reminder – Bookings close on Wednesday 15th October at 7:00pm.

Nursery

Tuesday 21st October – 2:30 – 3:30pm

Wednesday 22nd October – 3:40pm – 6:50pm

Thursday 23rd October - 3:40pm – 6:00pm

Main School

Wednesday 22nd October – 3:30pm – 6:50pm

Thursday 23rd October - 3:30pm – 6:20pm

For full details, including booking instructions, please click on the link to the [Parents Evening Autumn Term letter](#); available on our website under 'virtual office' 'letters'.

One of our favourite times of the year is Autumn. We love to see all the beautiful Autumnal shades on the trees on both West Street and The Grove.



School Photographer

A reminder that the school photographer will be at school on Monday 20th and Tuesday 21st October taking both individual and sibling photographs.

Please can all children come to school both days wearing their full school uniform. If your child is due to have PE on either of these days, please ensure they are wearing their PE trainers.

Phonics Workshop

Thank you to all the parents for attending the Phonics Workshop on Monday. We would like to remind you that all the slides shared during the workshop will be available to parents on Google Classroom.

Requests from External Providers

The school team will always aim to complete forms requested by parents in a timely manner. Admin time isn't built into the school day, so many of these updates are written outside of teaching hours, as our priority is keeping the day running smoothly for the children. In most circumstances, we ask for up to two weeks' notice to respond to letters or report requests.

NSPCC

At times, you may have to have a difficult conversation with your child and you may feel that you are unprepared on how best to handle difficult topics.

If you have time to prepare for a conversation, this can help you feel confident about raising and addressing challenging topics.

The [NSPCC](#) have some invaluable tips on how best to tackle these difficult talks and have some useful steps to follow to help both you and your child.

Term dates 2026-2027

Autumn Term 2026	
Tuesday 1 st September 2026	INSET Day
Wednesday 2 nd September 2026	INSET Day
Thursday 3 rd September 2026	Children return to school
Monday 19 th to Friday 30 th October 2026	Half Term (two weeks)
Friday 18 th December 2026	End of Term
Spring Term 2027	
Tuesday 5 th January 2027	INSET Day
Wednesday 6 th January 2027	Children return to school
Monday 15 th to Friday 19 th February 2027	Half Term
Thursday 25 th March 2027	End of Term
Summer Term 2027	
Monday 12 th April 2027	Children return to school
Monday 31 st May to Friday 4 th June 2027	Half Term
Tuesday 20 th July 2027	End of Term
Wednesday 21 st July 2027	INSET Day
Thursday 22 nd July 2027	INSET Day

Epsom Hockey Club
Join for the 25/26 season
Everyone Welcome - Ages 4 to 18 Years Old

Looking to take your hockey skills to the next level?
Come and join Epsom Hockey Club Juniors – one of Surrey's leading clubs for young players!

- ✔ All abilities welcome – from complete beginners to experienced players.
- ✔ Dedicated, qualified coaches – here to help you improve your skills and build confidence.
- ✔ Fun, friendly, competitive hockey – train, play, and compete against other clubs throughout the season.
- ✔ Great pathway – develop your game and progress all the way into senior hockey.



Holiday Hockey Camps

Alongside our weekly training and matches, we run exciting holiday hockey camps packed with skills, games, and challenges. Perfect for meeting new friends, learning from top coaches, and keeping active during the school holidays!

Next Camps at Old Schools Lane, Ewell:

27 & 28 October - 16 & 17 February - 30 & 31 March - 25 & 26 May

Just bring sports kit, trainers, shin pads, and a gum shield – we'll provide the sticks if you need one!
Don't miss your chance to be part of the action.

Join Epsom Hockey Club Juniors today and start your hockey journey with us!

Scan to Join





Scan for Training Times



www.epsomhc.co.uk

10 Top Tips for Parents and Educators
DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may have a wide range of traumatic or challenging events. From bereavement and illness to bullying, family breakdown, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. We have compiled these 10 top tips, which are easy to read, and can help to reduce your child's anxiety, helping them to cope with these events.

- 1. A PREDICTABLE ENVIRONMENT**
Children thrive in a predictable environment. They need to know what to expect and when to expect it. This helps them to feel safe and secure.
- 2. USE LANGUAGE THAT MATCHES THEIR AGE**
Use simple, clear language that is appropriate to the child's age and understanding. Avoid complex words or phrases.
- 3. TALK AND LISTEN TO THE CHILD**
Encourage the child to talk about their feelings and experiences. Listen to what they say and show that you understand.
- 4. AVOID RETELLING OR RELIVING TRAUMA**
Avoid repeatedly telling the child about the traumatic event or reliving the experience through stories or games.
- 5. AVOID DISMISSING OR MINIMISING FEELINGS**
Do not dismiss or minimise the child's feelings. Acknowledge their feelings and let them know that it's okay to feel that way.
- 6. UNDERSTAND HOW THEY'RE FEELING**
Try to understand how the child is feeling and what they need. Be patient and listen to what they have to say.
- 7. BE AWARE OF YOUR OWN RESPONSES**
Be aware of your own reactions and how they might affect the child. Try to stay calm and composed.
- 8. SEEK PROFESSIONAL SUPPORT**
If you are struggling to help your child, seek professional support from a counsellor or therapist.
- 9. MAINTAIN CONNECTION**
Maintain a strong connection with the child. Spend time with them and show your love and support.
- 10. BE PATIENT – HEALING TAKES TIME**
Healing takes time and it's important to be patient. Don't rush the child to get over their feelings.

Meet Our Expert
The National College

Wake Up Wednesday

Epsom and Ewell Foodbank

This week's urgent wish list:

- Tinned Vegetables
- Long Life Juice
- Savoury Biscuits
- Baked Beans
- Cooking Sauces
- Powdered Milk
- Male/Female deodorant
- Chocolate
- Sponge Pudding

Friends of Ewell Grove Events

October

Wednesday: 15 th October	Year 6 – Christmas Fair – volunteers response deadline
Friday: 17 th October - 7:30pm (7:45pm start)	Quiz Night fundraiser (pre-paid tickets only – Sold Out)
Week commencing Monday: 20 th October	Nearly new uniform – online order form goes live
Sunday: 19 th October – 7:00pm	Christmas Wreath-Making workshop – ticket sales open
Week beginning Monday: 20 th October	Nearly new uniform – order form goes live
Saturday: 25 th October	Christmas cards - online shop closes

Details of Christmas card orders will be communicated in October

November

Monday 3 rd November to Wednesday 5 th November	Nearly new uniform - donations accepted
Monday 3 rd to Friday 14 th November	Krispy Kreme sale – pre-orders (online)
Wednesday: 5 th November- 4:00pm	Nearly new uniform - online orders close
Wednesday: 5 th November – 7:00pm	Nearly new uniform – sorting evening (volunteers needed)
Wednesday: 5 th November	Christmas Fair – parent / carer volunteers information shared with class Helping Hand Coordinators
Thursday: 6 th November (6:30 - 8:00pm) & Friday: 7 th November (8:45 – 9:00am)	The Little Recyclers (clothes collection fundraiser)
Friday: 7 th November – 9:00am – 11:00am	Christmas cards – order sorting (volunteers needed)
Monday: 10 th November	Christmas Fair raffle – goes live
Monday: 10 th November – 3:15pm	Nearly new uniform – playground sale
Friday: 14 th November – 9:00am	FOEG Open Meeting (all welcome)
Friday: 21 st November – 3:15pm	Krispy Kreme playground sale (together with pre-order collection)
Friday: 21 st November	Helping Hand Coordinators – return Christmas Fair class volunteer rotas
Monday: 24 th November	Santa's postbox opens

December

Wednesday: 3 rd December	Non-Uniform day and Christmas Fair donations (parent volunteers needed 8:45am – 9:15am)
Friday: 5 th December – 8:00 – 10:00pm	Wreath Making workshop (pre-paid tickets only)
Thursday: 11 th December – 7:00 – 10:00pm	Christmas Fair prep evening
Friday: 12 th December – 4:00 – 6:00pm	Christmas Fair & Santa's Grotto (Grotto pre-booked tickets only)
Friday: 12 th December – 7:00pm	Christmas Fair raffle drawn
Week commencing Monday: 15 th December	Nearly new uniform – order form goes live