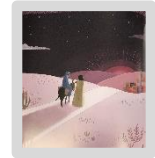
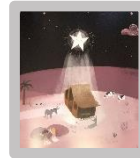




Ewell Grove Newsletter

This morning, the whole school came together for a very special Christmas assembly. We shared the story 'The First Christmas' and the children sang some of the songs they will be performing during their Christmas assemblies and nativities. Year 5 were brilliant at opening the assembly with 'In the Bleak Mid-Winter' which included some inspirational soloists.



A Nursery child and a Year 6 child officially marked the start of Christmas at Ewell Grove by turning on the Christmas lights on our wonderful tree. This week every child has helped to decorate the tree and as you can see it looks amazing! Nursery had an important role in the assembly today as they led the whole school in singing their very own version of 'Jingle Bells' with bells!!



Our festive singers are looking forward to singing at Ewell Yule this afternoon. Please join us in the village to sing along and provide lots of encouragement. Thank you to Mrs Theobalds for teaching the songs and supporting the children during this community event. Ewell Grove will be singing at 4:30pm!

Miss Paula Rising

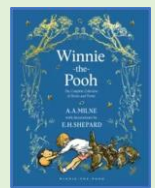
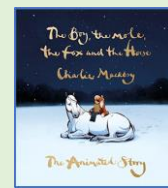
Christmas Tree / Decorations



A big thank you to Friends of Ewell Grove for buying our beautiful Christmas tree. This week, the staff and children have thoroughly enjoyed decorating the tree with their handmade decorations.

A Love of Reading

This week Miss Childs has recommended two stories you may like to share at home.



I love reading stories about friendship and adventure.

My favourite stories follow Winnie the Pooh and his friends through many different journeys. The best is when Pooh pretends to be a rain cloud to trick the buzzy bees. Pooh never forgets his friends along with the way and together they overcome problems.

Another favourite story of mine is 'The Boy, The Mole, The Fox and The Horse' by Charlie Mackesy. This is another story about the importance of friendship, kindness and hope. As well as the beautiful storyline, the art work within the book is stunning and sometimes it's lovely to just look through the pictures.



Parents Information Booklet



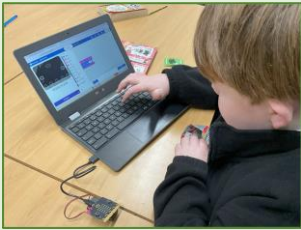
Calendar of Events



Subject of the Week - Computing

This half term the children in Year 6 have been developing their coding skills using a mixture of Purple Mash and Micro:bits.

Year 6 have also been supporting Year 3 to develop their confidence with using the Micro:bits and how they work by creating different patterns to light up.



Below the Year 6 children are developing their coding skills using different functions and if / else statements.



Christmas at Ewell Grove

Friday 5 th December	Ewell Yule Ewell Grove Festive Singing
Friday 12 th December	Christmas Fair 4:00pm – 6:00pm
Week Commencing 15 th December	KS2 Talent Show EYFS / KS1 Talent Show
Wednesday 17 th December	Christmas Dinner / Jumper Day
Thursday 18 th December	Class Parties / Party Clothes
Friday 19 th December	Christmas Singing (in the playground at 9:00am)

Christmas Fun, Party Day and Non-Uniform



Thursday 18th December – the children will be having fun and games at their Christmas Parties and are allowed to wear their party clothes to school for the day. Whilst we are sure many of the children will want to wear something “special” for party day, it also needs to be appropriate for a day at school and suitable for playing outside at this time of year – no football strips please.

Girls Year 6 Football Tournament



This week, the Year 6 girls football team took part in the borough tournament. They played with enthusiasm and determination throughout, communicating and encouraging each other brilliantly. Well done!

Christmas Performances

Christmas Performances will take place in the School Hall starting at 9:15am.

Nursery	Friday: 12 th December
Reception	Wednesday: 10 th December
Year 1	Thursday: 11 th December
Year 2	Tuesday: 9 th December
Year 3	Monday: 8 th December

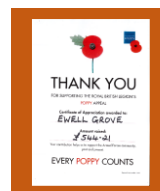
Two family members for each child are invited to attend (no children on laps). There is no need to book tickets / seats but numbers will be checked at the entrance.

Photography: For the safeguarding of our children, Ewell Grove does not give permission for any photos taken to be uploaded to the internet or used on any social networking sites. Photos / videos must remain for personal use only.

Christmas Charity Collection: At the end of each performance, we will be holding a collection to support **Epsom Medical Equipment Fund (EMEF)**.

Drinks: Please **do not** bring any hot drinks with you; including whilst waiting on the playground.

Royal British Legion 2025 Poppy Appeal



Ewell Grove raised an impressive **£544.21** for the Royal British Legion. Thank you for your support.



ASK THE HSLW

Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.



My child goes into full meltdown. What do I do?

When a child is in meltdown mode (crying, screaming, shutting down, hitting, or running away), their brain is overwhelmed. In those moments, they are not being naughty, they are not able to think clearly or reason.

What's happening in the brain?

When emotions run high, the amygdala (alarm system) takes over and the prefrontal cortex (thinking/logic part) disconnects.

This means they can't listen, process instructions, make good choices, or calm down just because we tell them to.

In meltdown mode, children don't need correction. They need connection and safety.

What to do and what to say

● **Pause, don't try to fix it yet.**

- Trying to reason ("Stop it," "Calm down," "You're being silly") won't work and may make it worse.

✦ **Instead, use calm, low words to reassure:**

- "You're safe."
- "I'm here. We'll get through this."
- "Your feelings are big, but I'm not going anywhere."

✦ **It's normal if you're feeling overwhelmed yourself. It's okay to step away briefly if safe. Say:**

- "I'm just going to step over here to calm myself. I'll be back. You're not alone."
- This builds trust, you leave calmly and return calmly.

Key Message

In a meltdown, children need safety, not solutions.
Regulation before conversation.
Connection before correction.

Connect then correct

Once their body and breathing slows, and they're beginning to settle, this is when logic begins to return.

You might say:

- "That feeling felt too big for your body. It's okay, I'm proud of you for calming."
- "Shall we try a hug, a drink of water, or a deep breath together?"

After the meltdown (When fully calm)

This is the time for gentle reflection or a restorative chat, not blame or shame.

Try asking:

- "What do you think your feelings were trying to tell us?"
- "What helped you feel better?"
- "Next time, what could we try?"

Use simple language:

"When I feel angry, my body does ____, I can try ____."

If you got angry too

It happens. What matters most is repair, not perfection.

You could say:

- "I felt overwhelmed too. I shouldn't have shouted, I'm sorry. I'm learning as well."
- "Even when we feel cross, we still care about each other."

This teaches children that relationships can rupture and also repair.
One of the most powerful lessons we can give.

Nursery Parents

If your child was born between 1st September 2021 and 31st August 2022 you will need to apply for a school place.

Nursery children will be coming home with a leaflet with full details of the application process.

Reception outcomes will be sent by post or email on **16th April 2026**.

Apply online at surreycc.gov.uk/admissions between **1st September 2025** and **15th January 2026**.

If you have any questions regarding the admissions process, please contact the school office.

Accent Catering

Accent would like to inform you that there will be an increase to the cost of school meals. The price increase will be effective from **5th January 2026**.

We will communicate the new price to parents as soon as it has been confirmed to us, by Accent.

For your information:



Friends of Ewell Grove Events

November

December

Friday: 5 th December – 8:00 – 10:00pm	Wreath Making Workshop (pre-paid tickets only)
Wednesday: 10 th December – 3:15pm	Collection of Christmas wreath kits (pre-orders only)
Thursday: 11 th December – 7:00 – 10:00pm	Christmas Fair prep evening
Friday: 12 th December – 4:00 – 6:00pm	Christmas Fair & Santa's Grotto (Grotto pre-booked tickets only)
Friday: 12 th December – 7:00pm	Christmas Fair raffle (closes at 6:00pm)
Week commencing Monday: 15 th December	Nearly new uniform – order form goes live

January

Monday: 5 th January – Wednesday 7 th January	Nearly New Uniform donations accepted (office foyer)
Wednesday: 7 th January – from 7:30pm	Donation Sorting Evening – Orchard Room (volunteers needed)
Thursday: 8 th January	Nearly New Uniform orders – home in bookbags
Monday: 12 th January – 3:05pm	Nearly New Uniform – playground sale