



# Ewell Grove Newsletter



*I've got sunshine, on a cloudy day...*



This week we have been celebrating the strengths and talents of people who think and learn differently. Neurodiversity Awareness Week is one way of reminding everyone of the importance of being kind and accepting others. During Miss Moore's assembly and within class, the children have been sharing what they are good at and what they find difficult. A few key messages that have come out of our discussions this week are:



You have the power to make a positive difference to someone who may be having a difficult time.

Make someone's day by being understanding and kind.

It is fantastic that people think in different ways – it makes life more interesting!



Our Year 4 children have been taking part in Bikeability this week. I have had the pleasure of watching them on the playground and they have been exceptional. The children have been listening carefully, following instructions and developing their control and coordination. Well done Year 4!

Our Year 1 children visited Bourne Hall Library and had a great time searching for their favourite books and sharing books with their friends. Thank you to our parent volunteers who supported this local visit.

I would like to share how wonderful it is to see so many families arriving to school promptly in the mornings. Arriving to school on time has such a positive impact on the start of the day, as soon as the children enter the classroom our learning starts with challenges, morning activities and story time. This is also the time when teachers share the expectations and timetable for the day. Please remember, if you arrive after 8:55am you will need to come to the office and sign your child in.

Next week we will be welcoming two new members of support staff, Miss Hollowday (KS2) and Mrs Lewins (KS1).

We have our first plants in our new planters! Thank you, Mrs Gardiner, for organising this!



## Useful Online Website Links



[School Calendar](#)



[Parents Information Booklet](#)



[Change of Contact Details](#)



[Exceptional Leave of Absence Form](#)



[Pupil Medication Request](#)

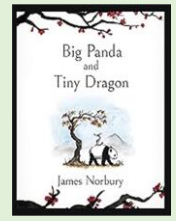


[Photographic Images / Names Consent Form](#)



## A Love of Reading

This week Mrs Boyce has recommended two stories you may like to share at home.

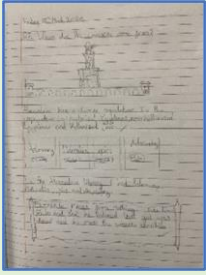


Back in November, Miss Browne wrote about one of her favourite books 'The Last Bear' by Hannah Gold. 'Finding Bear' is the sequel which I couldn't wait to read. It follows the adventure of 11-year-old April and her return to the Arctic. It is a great read for children who enjoy themes of friendship, survival, and wildlife conservation.

Another recommendation of mine is 'Big Panda and Tiny Dragon' by James Norbury. This is a story about a wise panda and a curious dragon who learn about friendship, finding happiness and having courage. It helps children see that problems can be solved when you work together and show kindness to each other.

## Subject of the Week – RE

In Year 6, we have been continuing our Reason and Revelation topic, by learning about some of the great philosophers – Aristotle, Plato and Hypatia. Focussing on the diverse city of Alexandria has helped us to understand why there were so many different beliefs and ideas.



In Year 1, children have been learning about Christianity and exploring some of Jesus' parables and miracles. The children listened to the story 'Jesus Calms the Storm' and discussed how it shows Christians the ways that Jesus was special and extraordinary. They reflected on how Jesus' actions showed kindness, courage and care for others.



Year 5 enjoyed a visit to St Mary's Church. They explored its special features and learned about their importance in Christian worship. The children asked and answered thoughtful questions, dressed in robes and discovered the role of art and music within the church.



## Spring Festival Week

Reminder: at **9:00am**, on **Friday 27<sup>th</sup> March**, parents are invited to join us on the playground for an end of term, whole school, celebration (approximately 30 minutes).

Wishing all of our families a  
Blessed Eid Mubarak!



## Year 6 Netball Rally



This week the Year 6 netball team put in a fantastic performance at the Borough Netball Rally, demonstrating impressive resilience, skill and determination throughout. They worked brilliantly as a team and their effort and positive attitude truly stood out.

Finishing third in their group is a wonderful achievement and for which they should all be very proud.

## Online Safety Parent Workshop

Keeping up with the fast-changing online world our children interact with can feel overwhelming, as new apps, games, and platforms appear so quickly.

On **Wednesday 20<sup>th</sup> May** at **9:00am**, we are offering parents and carers a practical and reassuring session designed to help better understand the digital spaces children use every day.

We will explore the key online safety risks families should be aware of, offer guidance on setting up parental controls, and explain how artificial intelligence is increasingly built into the apps, games, and platforms children use. It will also focus on the importance of open communication, sharing simple strategies for starting positive conversations at home and supporting children to make safe, informed choices online.

This meeting will be held in the school hall and online. If you would like to attend this meeting in person or online, please can you complete the [online Google form](#) by **10:30am on Tuesday 19<sup>th</sup> May**.

The link to attend this meeting online via Google Classroom will be sent to all parents on **Wednesday 20<sup>th</sup> May** at **8:30am**.

## Stepping Up for Autism – Parent Courses

The [Surrey Family Support Team \(NAS\)](#) is offering FREE courses for parents/carers of children aged 6–18 who live or have a GP in Surrey. No diagnosis required.

- Stepping Up for Autism – 8-week course
- EarlyBird Plus (ages 6–10) – 6 weeks
- Teen Life (ages 10–18) – 6 weeks
- Two groups will run at Rowley's, Cranleigh from 16 April:
- Teen Life: 10:00–12:30
- EarlyBird Plus: 18:00–20:30

Info & booking: [Surrey.familysupport@nas.org.uk](mailto:Surrey.familysupport@nas.org.uk)

## Meningitis and Meningococcal Disease

Young people and families will likely have seen the news reports about a number of cases of invasive meningococcal B disease linked to the University of Kent and the local area.

There are currently no cases of the disease in Surrey and there is no cause for concern. Surrey County Council Public Health team have sent information, via this [link](#), for important awareness raising only.

## Making Journeys to School Safer with School Streets

[School Streets](#) are being used outside schools to create safer and healthier streets during busy school drop off and pick up times. A School Street prioritises pedestrians and cyclists on roads outside schools at set times in the morning and afternoon, by temporarily closing to vehicles.

Parents and carers are asked to walk, scoot or cycle with their children to school, or park a little further away and walk the last bit of their journey. Please visit the School Streets [webpage](#) for more information.



# ASK THE HSLW

Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.



## My child worries a lot. What can I try?

Worrying is a normal part of growing up. Children may worry about friendships, school work, family members, or things they see online or hear in the news. While some worries can be helpful (they help us prepare or stay safe), too many worries can feel overwhelming for children. One effective tool families can use is called the Worry Tree. It helps children sort their worries and decide what to do next.

### Step 1: Is it a real-life worry or a hypothetical worry?

Start by asking your child: "Is this something that is happening right now, or something that might happen in the future?"

#### Real-life worries

These are problems happening now that we can do something about.

Examples:

- "I've got a test tomorrow and I'm not sure I understand the work."
- "I had an argument with my friend."

#### Hypothetical worries

These are "what if" worries about things that might happen but probably won't.

Examples:

- "What if no one plays with me?"
- "What if something bad happens to my family?"

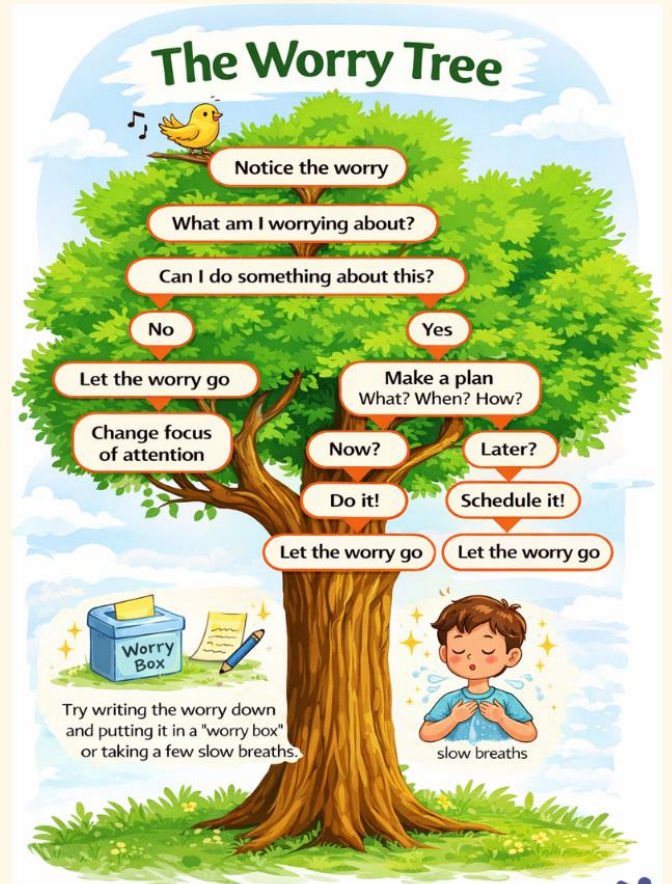
Helping children recognise the difference is important. Real-life worries can often be solved, while hypothetical worries usually need reassurance and letting go.



### it's a hypothetical worry - practise letting it go

If the worry is about something that might happen, remind your child that thoughts are not always facts. You might say, "That sounds like a 'what if' worry."

Help your child **let the worry go** by writing it down and putting it in a worry box, taking a few slow, calming breaths, or **shifting their attention** to something else such as playing a game, colouring, or another activity they enjoy. These strategies can help children move on from worries that aren't happening right now.



### If it's a real-life worry - try problem solving

If the worry is something happening now, use the problem-solving approach.

#### Name the problem

"What exactly are you worried about?"

#### Think of possible solutions

Encourage your child to come up with ideas.

For example:

- Ask the teacher for help
- Practise the work together
- Talk to a friend

#### Choose one solution to try

Pick the idea that feels most helpful.

#### Make a small plan

Decide what the next step will be and when it will happen.

#### Review how it went

After trying the solution, ask:

"Did it help? Do we need to try something different?"

This helps children feel more confident and capable of dealing with challenges.

## Friends of Ewell Grove Events

### March

Week commencing 23 <sup>rd</sup> March	Nearly New Uniform ➤ Online orders open week commencing 23 <sup>rd</sup> March
Thursday 26 <sup>th</sup> March	FOEG Book Club ➤ 'Fundamentally' by Nussaibah Younis

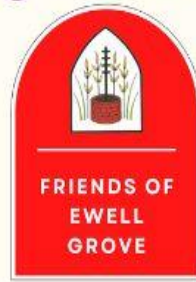
### April

Monday 13 <sup>th</sup> – Wednesday 15 <sup>th</sup> April	Nearly New Uniform donations accepted
Wednesday 15 <sup>th</sup> April	Nearly New Uniform online sale closes at 4:00pm ➤ Sorting Evening (volunteers needed – 7:30pm)
Monday 20 <sup>th</sup> April	Nearly New Uniform – playground sale @3:15pm
Friday: 24 <sup>th</sup> April	FOEG Quiz Night (fundraiser) ➤ Information letter to be emailed - 12 <sup>th</sup> March ➤ Tickets live – Sunday 15 <sup>th</sup> March at 7:00pm

### June

Saturday 27 <sup>th</sup> June	Ewell Grove Summer Fair - 11:00am – 3:00pm ➤ SEN Families 11:00am – 12:00pm ➤ 12:00pm – 3:00pm Open to all
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Spring Term 2026



★ THANK YOU! ★

How the Friends of Ewell Grove has supported the School in Spring 2026

Outdoors project



£2775

4 x Planter benches (Orchard Garden)  
& 1 x Mud Kitchen (EYFS Courtyard)

2 x Gopak tables



£338.02

Replacement tables



£80.14

Pancake Day fun!



Spring Term 2026

**THANK YOU!**

**EYFS - Role Play accessories  
(2024/5 fundraising)**

**£1216.22**



**Storage Boxes**



**30 x 80 litre  
'Really Useful' storage boxes**

**£463.72**

# For your information:

## Zootropolis dance camp with Easter-themed arts & crafts

DANCE | ARTS & CRAFTS | GAMES

4-10 YEARS OLD

TUESDAY 31ST MARCH 2-5PM

ELMCROFT COMMUNITY CENTRE, 570 LONDON ROAD,  
NORTH CHEAM, SM3 9AB

£25

25% DISCOUNT FOR SIBLINGS - APPLIES TO 2<sup>nd</sup> & 3<sup>rd</sup> CHILD

CONTACT JOY ON 07944191210 OR EMAIL

joyrobinson\_96@hotmail.com

LIMITED SPACES AVAILABLE SO BOOK IN ADVANCE

Run by qualified dance tutor, M.N.A.T.D



## Trial Open Day – Competition Bronze Squad

Epsom District Swimming Club

April 12th



Who Is It for?

Age group 8-11 years

Currently training once or twice per week

Wanting to increase training hours and begin competitive swimming

Join our Trial Open Day



About Competition Bronze Squad

Our first competitive squad, focusing on refining technique, building endurance, and developing key competitive skills.

Ages 8-11

Training sessions: Wednesday, Thursday, Saturday, Sunday



Expected Ability

Freestyle · Backstroke · Breaststroke · Butterfly familiar with four strokes and basic terminology

Supportive and focused environment



Is Your Swimmer Suitable?

- Trains a minimum of once a week
- Wants to increase training hours
- Learn new skills
- Begin competitive swimming journey
- Supportive and focused environment



How to Apply

[kirstie@edsc.co.uk](mailto:kirstie@edsc.co.uk)

- Swimmer's name
- Date of birth
- Current training frequency
- Current ability

## COME JOIN OUR EASTER EGG TRAIL

at Rosebery Park on Sat 28<sup>th</sup> March, 10am - 2pm

£4 per entry

ADVANCE BOOKING :

<https://www.jumblebee.co.uk/eastereggtrailatroseberypark2026>

OR YOU CAN TURN UP ON THE DAY  
SUBJECT TO AVAILABILITY

FIND THE CLUES TO REVEAL YOUR PRIZE!  
EASTER EGG TRAIL, EASTER GIFTS, REFRESHMENTS  
FOR FURTHER DETAILS PLEASE CALL



01372 732 451

Suitable for under 12s - children must be supervised at all times

In aid of Age Concern Epsom & Ewell.

Sponsored by



LEIGHTONS

A local charity helping older people to feel less alone.

Age Concern Epsom & Ewell Registered Charity 1139652

## BARRACUDAS ACTIVITY DAY CAMPS

HIGHLY RATED School Holiday Camps



AT A SCHOOL NEAR YOU IN 2026!  
EXCLUSIVE PARENT DISCOUNT

USE CODE SCHOOL20 FOR AN EXTRA £20 OFF YOUR BOOKING!

- 4 to 14 year olds!
- 80+ Activities!
- Choice each session!
- Specialist Courses!
- Flexible bookings!

[barracudas.co.uk](http://barracudas.co.uk)  
01480 467 567



OFSTED REGISTERED

