



Ewell Grove Newsletter

Curling Fun

The Winter Olympics inspired us to dust off our school curling set and encourage the children to learn a new sport. You never know, this might be the beginnings of our next curling team for future Olympics. We had lots of fun – children and adults!



Friendship Week

This week the children have been carrying out a range of activities to celebrate friendship week. We have been sharing stories and talking about the importance of developing positive and healthy relationships. Each class has created something special for our wonderful 'Friendship Tree'.

Music Festival and Singing

I would like to congratulate the Music Festival children on their wonderful performance at the Epsom Playhouse this week. Their behaviour was exemplary and they performed brilliantly. Also, a big thank you to all the Ewell Grove families who joined us for singing on the playground today! It was great to have the whole school community together for this special event! I wish you all a lovely Easter break and I will see you back at school on Monday 13th April 2026.



Miss Paula Rising

Useful Online Website Links



[School Calendar](#)



[Parents Information Booklet](#)



[Change of Contact Details](#)



[Exceptional Leave of Absence Form](#)



[Pupil Medication Request](#)



[Photographic Images / Names Consent Form](#)



A Love of Reading

This week Miss Barnett has recommended two stories you may like to share at home.



I was recommended 'Skandar and the Unicorn Thief' by children in my class and I couldn't put it down! In this fantasy story, written by A.F. Steadman, unicorns are not gentle, but dangerous beasts that can only be controlled by their riders. Skandar is thrust into a world of epic sky battles, dangerous clashes with wild unicorns and a shadowy villain who is threatening to ruin everything. If you liked the Percy Jackson series, this is one for you.

As we have been celebrating friendship week, I thought it was a good opportunity to share one of my favourite Oliver Jeffers books. He co-wrote 'Imaginary Fred' with Eoin Colfer and it follows the tale of Fred, who is the best imaginary friend anyone could hope for. One day, he meets Sam and for a while everything is perfect...This is a lovely magical story, about why friendships matter, that no-one should ever be too old to read!

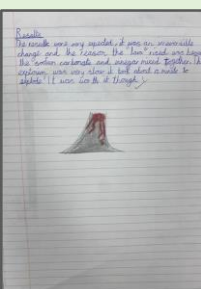
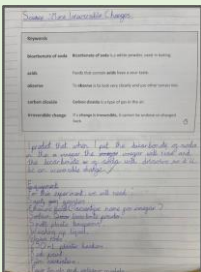
Subject of the Week – Science

Reception have been investigating the properties of different materials this term and have used this knowledge to make junk model boats and then test out their designs.



Year 5 have been learning about volcanoes and how they are formed. They have classified the stages that a volcano can be in, explored the different types of volcanoes and labelled the different parts of a volcano.

They also enjoyed making model volcanoes and watching them 'erupt'.



Recruitment Opportunity

Southfield Park Primary & Ewell Grove Primary & Nursery School are recruiting:

We are looking to appoint a permanent part-time HR Assistant to join our HR Team. This exciting role will support the Trust's HR Manager with providing a range of administrative support services to assist effective and efficient HR, payroll, training and development. This is an excellent opportunity for someone looking to grow their experience in HR whilst contributing to a supportive and collaborative team.

Working hours are: 25 hours per week, to be worked between 8am and 4pm Monday to Friday, term time plus 5 inset days and one additional week to be worked during school holidays (39 weeks a year).

For more information please visit: <https://www.eteach.com/job/hr-assistant-1542318>

Online Safety Parent Workshop

****Date Change****

Unfortunately, the date for this Workshop has needed to be changed. If you have already signed up for the previous date, please can you complete the Google form to confirm you are able to make the new date below.

Keeping up with the fast-changing online world our children interact with can feel overwhelming, as new apps, games, and platforms appear so quickly.

On **Monday 8th June at 9:00am**, we are offering parents and carers a practical and reassuring session designed to help better understand the digital spaces children use every day.

We will explore the key online safety risks families should be aware of, offer guidance on setting up parental controls, and explain how artificial intelligence is increasingly built into the apps, games, and platforms children use. It will also focus on the importance of open communication, sharing simple strategies for starting positive conversations at home and supporting children to make safe, informed choices online.

This meeting will be held in the school hall and online. If you would like to attend this meeting in person or online, please can you complete the [online Google form](#) by **10:30am on Tuesday 19th May**.

The link to attend this meeting online via Google Classroom will be sent to all parents on **Monday 8th June at 8:30am**.



ASK THE HSLW



Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.

"How can I create a home environment that really supports my child's emotional wellbeing?"

You might not always feel like you're getting it "right" as a parent, none of us do. But it's often the small, everyday moments that matter most. I recently came across this anonymous piece online that captures that idea beautifully:

"Someday your child will describe their childhood to someone you've never met. They'll sit at a table you didn't set, in a home you didn't build across from people who only know them as adults.

They'll tell them a story about what it was like to grow up in your house, not every detail, just the parts that stayed with them, the feeling of walking through the door, the tone at the table, whether home felt warm or unwelcoming, joyful or tense, safe or performative.

We don't get to choose the story they tell, we don't get to edit it later but we're writing it now in the ordinary dinners and random Tuesday nights and moment like the one you're sitting in right this second. Long after the legos are gone and the schedules change and the house gets quieter, the story of home keep speaking. I can't choose the story they'll tell someday but I can keep setting the table like it matters, because it does."



Emotion Coaching

This links closely to a key psychological idea that emotional experiences are strongly encoded in memory. Over time, repeated emotional experiences shape a child's **internal working model** (from attachment theory), their sense of "Am I safe? Do people understand me? Am I valued?"

One of the most effective ways to build those feelings of safety and connection is through the 5 steps of **Emotion Coaching**, supporting children to understand and manage their feelings.

1: Be aware of emotions

- Pay attention to your own emotions, from happiness to sadness to anger.
- Understand that emotions are a natural and valuable part of life.
- Observe, listen, and learn how your child expresses different emotions.
- Watch for changes in facial expressions, body language, posture, and tone of voice.

2: Connect with your child

- Pay close attention to a child's emotions. Use emotional moments as a chance to connect.
- Try not to dismiss or avoid them.
- See emotional moments as opportunities for teaching.
- Recognise feelings and encourage your child to talk about his or her emotions.
- Provide guidance before emotions escalate into misbehaviour.

3: Listen to your child's feelings

- Take your child's emotions seriously.
- Show your child that you understand what he or she is feeling.
- Avoid judging or criticising your child's emotions.

4: Name emotions

Help your child identify and name emotions.

- Identify the emotions your child is experiencing instead of telling your child how he or she should feel.
- Naming emotions helps soothe a child.
- Set a good example by naming your own emotions and talking about them.
- Help your child build a vocabulary for different feelings.

5: Find Good Solutions

- Redirect misbehaving children for what they do, not what they feel.
- When children misbehave, help them to identify their feelings and explain why their behaviour was inappropriate.
- Encourage emotional expression, but set clear limits on behaviour.
- Help children think through possible solutions.
- Don't expect too much too soon.
- Be aware of tempting settings and be prepared to help your child through them.
- Create situations where your child can explore without hearing lots of "don't's."
- Catch your child doing lots of things right and praise her.
- Do chores, like picking up toys, together.
- Make tasks as fun as possible

Friends of Ewell Grove Events

March

Monday 16 th March	Free Summer fair poster competition – entry forms home / competition start date
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April

Monday 13 th – Wednesday 15 th April	Nearly New Uniform donations accepted
Wednesday 15 th April	Nearly New Uniform online sale closes at 4:00pm ➤ Sorting Evening (volunteers needed – 7:30pm)
Friday 17 th April	Summer fair poster competition closes
Monday 20 th April	Nearly New Uniform – playground sale @3:15pm
Friday: 24 th April	FOEG Quiz Night (fundraiser) ➤ Information letter to be emailed - 12 th March ➤ Tickets live – Sunday 15 th March at 7:00pm

June

Saturday 27 th June	Ewell Grove Summer Fair - 11:30am – 3:00pm (<i>amended from 11:00am – 3:00pm</i>) ➤ SEN Families 11:30am – 12:30pm ➤ 12:30pm – 3:00pm Open to all
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For your information:



SUMMER CRICKET
FREE OPEN DAY

SUNDAY 26TH APRIL

JUNIOR BOYS YR 1-5 10AM	ALL GIRLS & BBQ 12PM	SENIOR BOYS YR 6-11: 1:30PM
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FREE COACHING
OUTDOOR BBQ
MUSIC

www.cheamcricketclub.com/openaday @cheamcc

Let the adventure begin with 

We're a Mum and two daughters team creating educational, history based fun Quiz Trails! **FUN in the Easter holidays!**

LOW - COST!
Clues for adults PLUS clues for juniors which are made for 5 to 11 year olds!

 **Ewell**
Quiz Trail & Village Souvenirs

Trustpilot
★★★★★
Quiz Trail
Reviews - Excellent

children's UNIVERSITY
Quiz Trails are an 'Approved Activity' for The Children's University

KINGSTON coming soon!

A fun low-cost, healthy activity that will entertain all!
Quiz Trails are written for adults and packed with local history. As well as adult leisure reading, Quiz Trails are a fabulous activity for adults and children to do together - **with a set of fun clues for each.**

You can take as long as you like to complete the trail, making it the perfect activity for a relaxed trip out.

At just **£5.99** a copy for a group to share, Quiz Trails are the perfect way to spend time outdoors in the fresh air with loved ones - **great to do with grandparents too!** ALL trails are accessible.

www.QuizTrail.co.uk
Quote Discount Code **DISCOUNT10** at our checkout **10% OFF**

WE ACCEPT CHILD CARE VOUCHERS & OFFER TAX-FREE CHILD CARE!

MEGA CAMPS
KIDS DAY ACTIVITY CAMPS

CHILD CARE FROM 8am - 6pm
AGES 4 - 14

EASTER CAMP 2026

SAVE ££'s - CHECK WEBSITE FOR OFFERS
MULTIPLE LOCATIONS THROUGHOUT ESSEX, SURREY & KENT

FENCING
KIDS FAVOURITE

WALL CLIMBING
Book now for Easter, May & Summer!
(Summer & Spring Plans Available!)

ANIMAL WORKSHOP

PLUS MUCH MORE...

DIFFERENT MEGA ACTIVITIES, ARTS & CRAFTS AND SPORTS AVAILABLE EACH DAY

30TH MARCH - 17TH APRIL
DATES VARY AT EACH LOCATION
VISIT WEBSITE FOR A FULL LIST OF DATES & LOCATIONS

BOOK ONLINE NOW!
Ofsted Registered www.MEGACAMPS.NET ALL OUR STAFF ARE DBS
OR CALL 0333 012 4376