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Headteacher: Miss P Rising BA Hons; QTS; NPQH
Executive Principal: Mrs M E McCarthy MA; Ed.M

22nd May 2026

Dear Parents and Carers,

At Ewell Grove, we are committed to supporting the personal, social, emotional, and physical development of all our children. As part of this commitment, we would like to share our policy, approach and practice for Relationships, Sex and Health Education (RSHE) curriculum in line with the updated statutory guidance from the UK Government. Please take the time to familiarise yourselves with our policy [here](#).

Relationships, Sex and Health Education helps children develop the knowledge, understanding, and skills needed to:

- build positive and respectful relationships
- stay safe both online and offline
- understand personal boundaries and consent
- recognise healthy friendships and family relationships
- prepare for the physical and emotional changes of growing up
- recognise the importance of looking after their mental wellbeing

During primary school the focus is mainly on healthy and positive relationships, emotional wellbeing, personal safety, and basic human development taught in an age-appropriate way.

Our RSHE curriculum is:

- age-appropriate and inclusive
- reflects our school values and ethos
- supports safeguarding and wellbeing
- encourages respect for different families, cultures, and beliefs

As part of our approach parents/carers have the right to view teaching materials and discuss any concerns with the school at any point in the year.

RSHE Information Meeting for Parents

We would like to invite parents and carers to an information meeting on **Monday 15th June 2026, 5pm – 6pm** where staff from across the phases will share our policy, curriculum and approach. This will also be an opportunity for us to share our current practice and what changes we have made due to the new framework. We will also have available some of our fantastic resources that support the teaching and learning within the classroom. There will be an opportunity for parents to provide feedback and ask any questions.

We would encourage parents to send through any questions or feedback you may have, in advance as we can then build this information into the presentation. As always, we value your feedback and would welcome your views on the curriculum and policy.

We will be collecting questions, views and feedback via email, please can you ensure that these are sent by **Monday 1st June.**

Thank you for your continued support as we work together to provide a safe, supportive, and informed learning environment for all children.

Yours faithfully,

A handwritten signature in cursive script that reads "P. Rising".

Miss Paula Rising
Headteacher