

Menu week 1



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Mains
HAPPY TUMS

Veggie
MEAT FREE

veg
EXTRA GOOD

Carbs
FUEL FOOD

Dessert
SOMETHING SWEET

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry (Mk,So)	Pepperoni Pizza (G,Mk)	Chicken Sausage Rolls with Gravy (G,E,Su)	Pasta Bar (G) Beef Bolognese Tomato sauce Nut free Basil Pesto (Mk)	Fish Fingers (G,F) or Salmon Fishcake (G,F)
Chickpea Curry (Mk,So)	Margherita Pizza (G,Mk)	Vegan Mince Sausage Roll with Gravy (G,so)	Pasta Bar (G) Vegan Bolognese Tomato sauce Nut free Basil Pesto (Mk)	Vegetable Fingers (G)
Sweetcorn	Peas	Leek and Cabbage	Olives	Peas
Cauliflower	Diced Carrots	Butternut Squash	Cheese (Mk)	Baked beans
50/50 Rice	Potato Wedges	New Potatoes	Parsley and Mint Focaccia (G)	Chips
Fresh Fruit Platter	Apple Crumble (G)	Fruit Jelly	Vanilla Sponge (G,E)	Beetroot Chocolate Cake (G,E,Mk,So)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

DATES

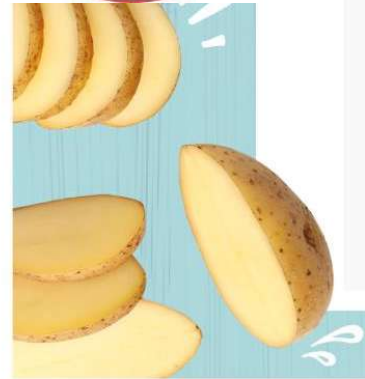
13/04/26, 11/05/26,
15/06/26 and 13/07/26

Allergens: Please note the allergens shown within these menus are subject to change.

- Ce = Celery
- Cr = Crustacean
- E = Eggs
- F = Fish
- G = Cereals containing Gluten
- L = Lupin
- Mk = Milk
- Mo = Molluscs
- Mu = Mustard
- N = Nuts
- P = Peanuts
- Se = Sesame Seeds
- So = Soya
- Su = Sulphur Dioxide

Look for this logo on the menu to try a yummy seasonal special





Menu week 2



THE FRESH LITTLE
ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Mains
HAPPY TUMS

Veggie
MEAT FREE

veg
EXTRA GOOD

Carbs
FUEL FOOD

Dessert
SOMETHING SWEET

Monday	Tuesday	Wednesday	Thursday	Friday
Fusilli Bolognese (G,Mk)	'Brunch' Chippolata, Scrambled Eggs and Hash Browns (G,Mk,E,Su)	Moroccan Style Chicken (G)	Jacket Potato Bar: Chicken Sausage (G,Su) Baked Beans Pepparoni and Cheese (Mk,Mu,So)	Fish Fingers (G,F) or Salmon Fishcake (G,F)
Macaroni and Cheese (G,Mk,So)	'Brunch' Vegetable Chippolata, Scrambled Eggs and Hash Browns (G,E,Ce)	Moroccan Vegan Plantballs (G,So)	Jacket Potato Bar: Baked Beans and Cheese (Mk) Margherita Topping (Mk)	Vegetable Fingers (G)
Choose from our delicious Salad Bar	Baked Beans	Butternut Squash	Sliced Carrots	Peas
Beetroot Focaccia (G)		Green Beans	Sweetcorn	Baked beans
Fresh Fruit Platter	Vanilla Biscuit (G)	New Potatoes	Apple Crumble (G)	Chips

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

DATES

20/04/26, 18/05/26 and
22/06/26

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APRIL
NEW
POTATOES

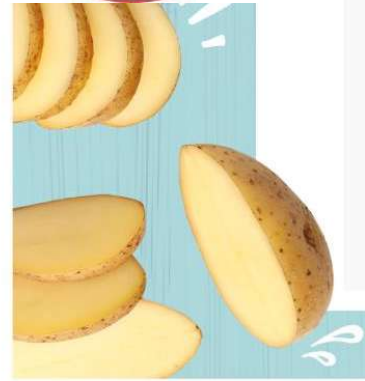
MAY
BASIL

JUNE
BEETROOT

JULY
MINT

Look for this logo on the menu to try a yummy seasonal special!





Menu week 3



THE FRESH LITTLE
ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Mains
HAPPY TUMS

Veggie
MEAT FREE

veg
EXTRA GOOD

Carbs
FUEL FOOD

Dessert
SOMETHING SWEET

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Meatballs in Tomato Sauce	Pork and Leek Sausage Hot Dog (G,Su,Se,So)	Roast Chicken, Yorkshire Pudding and Gravy (G,E,Mk)	Pasta Bar (G) Beef Bolognese Tomato sauce Nut free Basil Pesto (Mk)	Fish Fingers (G,F) or Salmon Fishcake (G,F)
Plant Balls in Tomato Sauce (So)	Vegetable Sausage Hot Dog (G,So,Se)	Roasted Mediterranean Veg Filo Pie (G)	Pasta Bar (G) Vegan Bolognese Tomato sauce Nut free Basil Pesto (Mk)	Vegetable Fingers (G)
Choose from our delicious salad bar	Tomato and Onion Salad (Su) Broccoli	Roasted Carrots Green Beans	Olives Cheese (Mk)	Peas Baked beans
Wholemeal Penne (G)	Sweet Potato Roasties	Roast New Potato	Garlic Focaccia (G)	Chips
Fresh Fruit Platter	Apple Cake (G,E)	Fruit Jelly	Oat Cookie (G,E)	Iced Sponge Cake (G,E,Mk)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

DATES

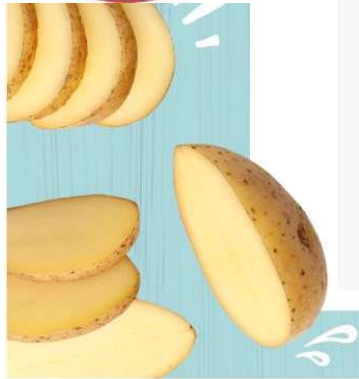
27/04/26, 01/06/26 and
29/06/26

Allergens: Please note the allergens shown within these menus are subject to change.

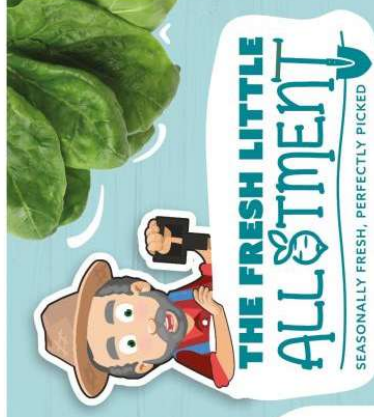
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Menu week 4



	Tuesday	Wednesday	Thursday	Friday
Mains HAPPY TUMS	<u>Jacket Potato Bar:</u> Chicken Sausage (G,Su) Baked Beans Pepperoni and Cheese (Mk,Mu,So)	Gratin Chicken with Spinach and Tomato (G,Mk)	Pepperoni Pizza (G,Mk)	Fish Fingers (G,F) or Salmon Fishcake (G,F)
Veggie MEAT FREE	<u>Jacket Potato Bar:</u> Baked Beans and Cheese Margarita Topping (Mk)	Gratin Eat Curious Pieces with Spinach and Tomato (G,Mk)	Margherita Pizza (G,Mk)	Vegetable Fingers (G)
veg EXTRA GOOD	Cauliflower Sweetcorn	Broccoli Roasted Carrots	Green Beans Diced Carrots	Peas Baked beans
Carbs FUEL FOOD	Choose from our delicious Salad Bar New Potato Focaccia (G)	Savoury Rice	Potato Wedges	Chips
Dessert SOMETHING SWEET	Fruit Platter	Fruit Jelly	Flapjack (G)	Lemon Drizzle Cake (G,E)

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DATES

04/05/26, 08/06/26 and
06/07/06

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APRIL NEW POTATOES
MAY BASIL
JUNE BEETROOT
JULY MINT

