



18th September 2026

Ewell Grove Newsletter

Online safety starts with open conversations.



Thank you for completing our Family Acceptable use of ICT agreement. If you have not done so already, please give your completed copy to your class teacher or the office.

As part of our ongoing commitment to safeguarding, we would like to remind everyone about the importance of staying safe online. Please take some time to talk to your child about keeping personal information private, using strong passwords and being respectful online. It is important they know what to do if something makes them feel uncomfortable or unsafe. It is essential to regularly check privacy settings, discuss apps and websites your child may use, ensuring what they are accessing is age appropriate. We have lots of really useful [online safety resources](#) on our Ewell Grove website such as, stories to share and links you can access as a family to support discussions at home. Please also see this really useful poster from the National College about online content - [What's Real Online?](#)

Thank you for joining us!

Thank you to everyone who attended our Parent Information Meetings this week. We were delighted with the turn out and appreciated the opportunity to share key messages and information with you. We would love to hear your feedback. Please take a few moments to complete our [online feedback form](#) and let us know your thoughts. The presentations from the meetings have been uploaded to Google Classroom for you to refer back to at any time.

Friends of Ewell Grove

This week, we had our first FOEG meeting where we discussed some very exciting projects and ideas for the year ahead. We are looking forward to working together to create even more opportunities and experiences for our children. The money raised plays an important role in enhancing the curriculum and enriching school life. It helps us provide additional resources that support and extend our children's learning beyond the classroom. Watch this space for further updates!

Finally, a special thank you to the FOEG for warmly welcoming our new families with their lovely first day messages of support and for organising the Welcome Picnic. The picnic is a wonderful opportunity for new and existing families to come together, make connections and start the year as part of our school community.

Miss Paula Rising

Read Write Inc.
Phonics

Useful Online Website Links



[School Calendar](#)



[Parents' Information Booklet](#)



[Change of Contact Details](#)



[Exceptional Leave of Absence Form](#)



[Pupil Medication Request](#)



[Photographic Images / Names Consent Form](#)



Phonics Workshop Thursday 24th September 9am

Please sign up to our Phonics Workshop using [this online form](#).

Reading Volunteers Coffee Afternoon Monday 21st September 2:45pm. Please sign up to this event using this [online form](#).

Working Together to Support Learning

Last week, I shared information about our school priorities and the importance of securing foundational knowledge. This week, you will have received our new home-school booklets, which will be used to record key information such as reading, spelling and a number focus.

These booklets provide a valuable opportunity for us to work in partnership and support your child's learning both at home and at school. Please ensure your child's booklet is always in their school bag on a Monday and Thursday, so that it can be updated and checked regularly.

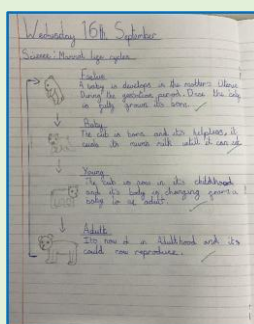
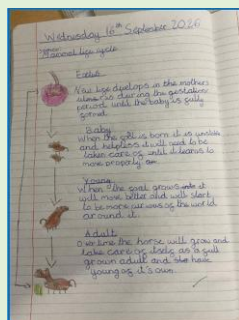
Thank you, as always, for your continued support and commitment to your child's learning.

Ewell Grove was filled with conversation and smiles on Wednesday afternoon during our classroom visits! The children were very proud to share their learning spaces across the school. We will be welcoming families back in December to see our classroom decorations!

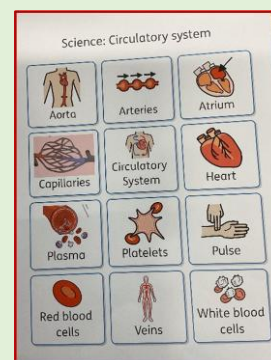
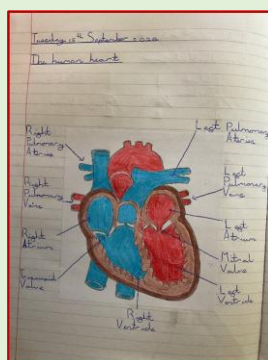
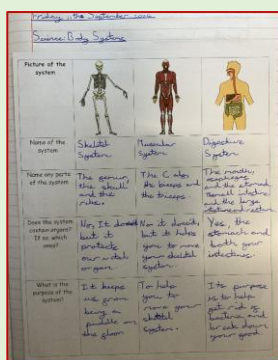
Save the date!
Wednesday 2nd December 3:20pm – 3:45pm

Subject of the Week: Science

Year 5 have been comparing the lifecycles of different animals. This week they have been focussing on comparing and contrasting the lifecycle of marsupial and placental animals.



Year 6 have been learning about the circulatory system. They have discussed key vocabulary and have drawn and labelled the parts of a heart. Next week they will observe a teacher from Blenheim High School showing them a heart dissection and discussing the various different parts.



Mrs Sala Loves I Spy!

This is a game I really enjoyed playing as a child, and now it's one I love playing with my own children!

'I Spy' is a brilliant learning and talking activity that needs no toys or equipment, so you can play it anywhere, anytime.

The game encourages children to look closely at the world around them and think about the characteristics of different objects - their colour, size, shape, or even the sound their item begins with.

It's a great way to keep the whole family entertained, spark everyone's imagination, and encourage turn-taking and communication.

I'll start the game, and then it's your turn to continue...

👁️ "I spy with my little eye, something in the playground that begins with r..." Please share your guesses with me when you see me next!



Partnership for Inclusion of Neurodiversity in Schools

We are delighted to share that our school is participating in the **Surrey PINS (Partnership for Inclusion of Neurodiversity in Schools) project**, an NHS and council initiative to improve support for neurodivergent pupils.

To help shape how we support our children, please watch this short [PINS Introduction Video](#) and complete our brief [Parent Carer Survey](#). Your feedback directly influences the training and support we put in place.

Thank you for helping us build an inclusive environment for every child.

Miss Moore

Epsom & Ewell Foodbank

Weekly Wishlist

This week, the [Epsom and Ewell Foodbank](#) are needing a few urgent items. If you would like to donate, please click on this [link](#) to find out more.

Pasta / Cooking Sauce	Sponge Pudding
Sweetcorn	Squash
Tinned Meat	Savoury Biscuits
Dried Pasta in Sauce	Sugar
Tinned Vegetables	Biscuits
Beans	Custard
Tinned Fish	Rice Pudding
Pulses	Shampoo
Packet Soup	Hair Conditioner
Noodles	Male / Female Deodorant
Tinned Fruit	Washing Up Liquid
	Adult Toothpaste and
	Toothbrushes
	Nappies 4, 4+, 5+, 6, 6+

 Epsom & Ewell
Foodbank
Together with Trussard



Mastery of Number Project

We are delighted to announce that we are taking part in the Mastery of Number project for the second year. The project focuses on children building good number sense and calculation fluency ensuring children are equipped with the necessary knowledge and skills ready to access the maths curriculum as they pass through Key Stage Two. This year, the project will be running in years Reception to Year 3. We look forward to sharing more information with you throughout the year.

Nursery Parents

If your child was born between 1st September 2022 and 31st August 2023 you will need to apply for a school place between 2nd November 2026 and 15th January 2027.

Nursery children will be coming home with a leaflet with full details of the application process.

Reception outcomes will be sent by post or email on **16th April 2026**. Apply online at surreycc.gov.uk/admissions between **2nd November 2026 and 15th January 2027**.

School Photographer

Reminder: our school photographer will be taking individual and family (sibling) photographs of the children next week on **Monday 28th and Tuesday 29th September**.

Families will also be photographed together **unless you inform us in writing** that you would like your children to be photographed individually.

Is Your Child in Year 6?

If your child was born between 1st September 2015 and 31st August 2016 you will need to **apply for a secondary school place by 31st October 2026**.

We suggest you submit your secondary application by **16th October 2026** as this is the Friday before the half term holiday. Secondary outcomes will be sent by post or email on 1st March 2027. Apply online at surreycc.gov.uk/admissions or you can call them on 0300 200 1004.

When your child is emotionally struggling, you don't have to do it alone

Practical guidance, advice and encouragement for parents and carers supporting their child's emotional wellbeing and mental health. Build confidence. Learn practical tools. Connect with other parents.

In the sessions, you'll explore ways to:

- ▶ Understand and respond to your child's emotions
- ▶ Communicate and listen more effectively
- ▶ Support anxiety and difficult feelings
- ▶ Use positive reinforcement and praise
- ▶ Build positive relationships at home
- ▶ Look after your own wellbeing

A supportive, non-judgemental space to ask questions, share experiences and learn from other parents who understand.

4 WEEKS • ONLINE • ONE SESSION EACH WEEK

Choose a session time that works for you.



WEDNESDAYS | 12 noon - 1:30pm
4, 11, 18 & 25 Nov 2026



THURSDAYS | 6pm - 7:30pm
5, 12, 19 & 26 Nov 2026

 Please make sure you can attend **all four sessions**.

And the support can continue...

Where there is an identified need, additional 1:1 support may be available following the group.

WHO IS IT FOR?



Reigate & Banstead / Tandridge
Parents/carers of children aged 8-18



Epsom & Ewell, Elmbridge & Mole Valley
Parents/carers of children aged 11-18

Ready to feel more confident supporting your child?

Find out more and register your place

☒ communitywellbeingteam@ymcaeastsurrey.org.uk

Scan the QR code to find out more.



Delivered by
YMCA EAST SURREY
Registered charity no. 1075028

For families in Reigate, Banstead & Tandridge, Epsom & Ewell, Elmbridge & Mole Valley.
Parents/carers must give informed consent before referral. A separate referral form is required for each parent attending.

YMCA
Here for young people
Here for communities
Here for you

National Curriculum Assessments

Throughout the school year, children in certain year groups take part in national statutory assessments. To help you understand what these are and when they happen, please follow this link.

[National Curriculum Assessments: Information For Parents](#)

Teachers will also keep you updated and provide you with detailed information during our information meetings.

Understanding Friendships Coffee Morning Reflections

Thank you to everyone who joined us on Wednesday. A key takeaway from the session was that friendship conflicts, fallouts and changes are a normal part of children's social development. While our instinct as adults is often to fix, this can sometimes stem from our own adult experiences and expectations of what friendships should look like.

Parents reflected on how easy it is to take on their child's emotions and feel compelled to act. However, at primary age, friendships and play are often fluid. A disagreement that feels significant one day may be forgotten by the next by the child, reminding us that our first response does not always need to be to resolve the situation. Instead, focusing on validation and curiosity, can help children process their feelings and develop resilience, communication and negotiation skills for themselves.

TO RESOLVE A CONFLICT, I CAN...



The MindWorks facilitators shared the **Connect, Coach, Step Back** approach:

- **Connect:** "I can see you're feeling upset/frustrated."
- **Coach:** "What do you think you could do tomorrow?" or "What might help?"
- **Step Back:** Allow children to try their own solutions, rather than immediately stepping in to solve the problem or involve other parents.

We also discussed co-regulation, which means helping children manage difficult emotions by staying calm, listening and validating their feelings. This is different from giving them the answer or trying to remove the feeling. Learning to sit with disappointment, sadness or frustration is an important life skill. Of course, the school should be contacted if friendship concerns are ongoing or if a child's safety or wellbeing is affected.

One practical game to play at home with your child is **Mirror, Mirror**. In pairs, one person leads slow movements while the other copies as if they are a reflection in a mirror, before swapping roles. The game encourages cooperation, turn-taking and awareness of others.

You can find a list of recommendations for story books that support building friendships and conflict resolution skills here: <https://www.booksthathelp.co.uk/conflict-resolution>

Friends of Ewell Grove Events

September

Friday 18 th September	➤ Nursery and Reception Welcome Picnic: 3:30pm – 4:30pm
Friday 25 th September	➤ FOEG Book Club – ‘The Ministry of Time’ by Kaliane Bradley: 7:30pm
	➤ Volunteers needed to check Christmas Card designs (school hours): 9:00am – 11:00am

October

Monday 5 th October	➤ Letter / permission form to Year 6 families for Christmas Fair volunteering
Friday 9 th October	➤ Christmas Fair planning meeting: 9:00am at Mandalina
Sunday 11 th October	➤ Quiz Night ticket sales and pre-order pizzas open: 7:00pm
Wednesday 14 th October	➤ Year 6 Fair response deadline
Friday 16 th October	➤ Christmas Fair volunteer request (via Helping Hands)
Saturday 24 th October	➤ Christmas card / gift online shop closure deadline
Mid-October	➤ Christmas card / gift slips sent home in bookbags (online shop)
Date TBC	➤ Santa's Grotto tickets (at Christmas Fair) go live

November

Thursday 5 th November	➤ The Little Recyclers collection: 6.30 – 8:00pm
Friday 6 th November	➤ The Little Recyclers collection (volunteers needed): 8:45 – 9:00am
Friday 6 th November	➤ FOEG Open Meeting: 9:00 – 10:00am - ALL WELCOME!
Monday 23 rd November	➤ Santa's Postbox goes live
By mid-November	➤ Delivery of Christmas card / gift orders to Ewell Grove

December

Thursday 3 rd December	➤ Santa's Postbox closes
Thursday 10 th December	➤ Christmas Fair evening prep: 7:00 – 9:00pm
Friday 11 th December	➤ Christmas Fair Day! Set-up 1.15 – 3:00pm, Fair 4:00 – 6:00pm, clear up 6:00 – 8:00pm
Date TBC	➤ Non-Uniform Day (bottle and chocolate donations for Christmas Fair)
Last week of term	➤ Santa's replies due from the North Pole

FOR YOUR INFORMATION



Epsom & Ewell Family Centre

28th October
1pm-3pm

@ Ewell Family Centre

Young Person's Emotional Wellbeing Workshop

As part of our Mental Health Day celebrations, children will create their own Feelings Box, filled with tools and ideas to help them manage their emotions, such as fidget toys, calming activities, and breathing exercises. This fun, creative workshop will encourage children to recognise their feelings and develop positive strategies to support their emotional wellbeing.

To book a place, scan the QR code, email:
epsomewellfamilycentre@barnardos.org.uk
Or call: 01372 571 178



Ewell Family Centre, Riverview Road, West Ewell KT19 OJP

BARNARDOS

Changing childhoods.
Changing lives.

**HOME
START**

Epsom, Ewell
& Banstead
Including
Mole Valley North

Feeling like parenting has
become a battle?
We can help.

We are running a 10-week

Parenting Puzzle

course for Parents and Carers

Children can be rewarding, stimulating and fun, but looking after them can also be extremely challenging and stressful. This course introduces POSITIVE PARENTING strategies to encourage cooperation, communication, and bring some harmony back into the family home.

Where?

Epsom Downs Family Centre
St Leonards Rd, Epsom
KT18 5RJ
Free Parking

When?

Thursday 17th September to
Thursday 3rd December 2026
9:30am - 11:30am
(no sessions during half term)

To book

Register using the QR code or email Lesley Lane at
lesley.lane@hseeb.org.uk to reserve your place

We ask a voluntary contribution of £10 towards the course book, but if you are experiencing financial difficulties, there are free places available - Just ask Lesley.



YMCA



Epsom & Ewell Family Centre

Tues 9:30-11:30am
Starts 22nd Sept

Tues 12:30-2:30pm
Starts 3rd Nov

Parenting Puzzle course

Having children is rewarding, but it can also be stressful! Learn positive parenting strategies and tools in this five-week course for a calmer, happier home life.

Two course options available:

Tuesdays, 9:30-11:30am, 22nd Sept - 20th Oct (5 weeks)

Tuesdays 12:30-2:30pm, 3rd Nov - 1st Dec (5 weeks)

To book a place, scan the QR code, email:
epsomewellfamilycentre@barnardos.org.uk
Or call: 01372 571 178



Ewell Family Centre, Riverview Road, West Ewell, KT19 OJP

BARNARDOS

Changing childhoods.
Changing lives.



Epsom & Ewell Family Centre

1:30-2:30pm,
Tuesday 29th Sept

Internet Safety workshop

Free one-hour workshop for parents of primary school-aged children. The workshop will explore children's online lives, the risks of sharing information online, the growing role of AI, online grooming and practical steps families can take to stay safe online.

To book a place, scan the QR code, email:
epsomewellfamilycentre@barnardos.org.uk
Or call: 01372 571 178



Ewell Family Centre, Riverview Road, West Ewell, KT19 OJP

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PER CLASS AFTER 30 DAYS

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GYMNASTICS CLASSES

Beth's Twiddle

DEVELOP NEW SKILLS

INCREASE CONFIDENCE

NINJA CLASSES

ALL ABILITIES WELCOME

NO CONTRACT

PRESCHOOL CLASSES

Gymfinity Kids CLUBS

Book your FREE taster class today at gymfinitykids.com
Available activities vary according to club

Rosebery School Open Mornings 2026

This year's Open Mornings will take place on:

Friday 2 October
Tuesday 6 October
Friday 9 October

Welcome Talk at 9.15am
Tours to follow from 9.40am.
Please visit our website to access our online booking form for Welcome Talks.
There is **no need to book** if you wish to tour the school without attending a talk.

Parking **will not** be available on site; please DO NOT expect to be able to park in any of the roads near the school. Please travel by public transport and/or walk the last part of your journey - parking restrictions apply in all local roads.

EPSOM DISTRICT SWIMMING CLUB

Welcome to Seahorses, the Learn to Swim School of Epsom District Swimming Club

We are teaching children from ages 4 to 18 years old with lessons in Epsom, Esher, Leatherhead, Banstead and Ashted

We offer: **Small classes**

Classes to suit age and ability

Helpers in the water with non-swimmers

All our teachers are Swim England qualified with lifesaver qualifications and are DBS checked

We follow the Swim England Learn to Swim framework

Seahorses offers non-competitive routes up to 18 and also a competitive route to enter the squads of Epsom District Swimming Club.

In recent years, Seahorse swimmers have gone on to become County and Regional Champions and medalled at Nationals.

Book your free trial now, email: seahorseswimming@outlook.com

<https://uk.teamunify.com/team/epsom/page/home>

Seahorses

CHEAM CRICKET CLUB
EST. 1864 · SUTTON, SURREY

REGISTER YOUR CHILD'S FREE OPEN DAY TRIAL

JUNIOR WINTER CRICKET 2026/27 · NEW PLAYERS
Boys & girls · school years 3-6 and ages 12-15 · ECB-qualified coaches

FREE TRIAL SESSION — REGISTER FREE · PLACES CAPPED · NO DEPOSIT

TUESDAY 6 OCTOBER 2026
HARRIS ACADEMY SUTTON
2 Chiltern Road, Sutton SM2 5QP

WHICH SESSION? TURN UP TO THE ONE FOR YOUR CHILD'S AGE

JUNIOR 6.10 - 7.30pm School years 3-6 (ages 7-11) Sportswear only — we provide all kit	SENIOR 7.40 - 9.00pm Ages 12-15 · hardball Bring your own cricket kit
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BLOCK A · 10 SESSIONS OCT-DEC
6 Oct - 8 Dec 2026
Tuesday evenings, indoors

EARLY BIRD £150
per 10-session block
early bird ends 30 Sept

TRY IT FIRST £54 TRIAL
3 sessions
£25 credited if you join the block within 7 days

Winter blocks: A 6 Oct - 8 Dec 2026 · B 12 Jan - 16 Mar 2027 · week 1 at Harris, then Overton Grange
New-player prices shown. Existing club members pay less and book through Pitchers.

FREE OPEN DAY TRIAL

TWO WAYS IN

New to the club? Register free for the Open Day, or buy a block online.

Already a member? Book through Pitchers — pitchers.com/clubs/cheamcricketclub/payments

All the detail: cheamcricketclub.com/winter-program

Questions? Momen Hoque — juniors@cheamcricketclub.co.uk
We reply within 24 hours.

REGISTER FREE
forms.gle/1P22Dvz9v8d7

BUY A WINTER BLOCK

BUY NOW
Winter Training 2026/27 shop



Want to have a go at DJing, coding for video games, filmmaking, music technology, and more? Join us for the Surrey Youth Arts and Culture Festival 2026 taking place on Saturday 26 September 2026 at the Staines Library Hub between 11am until 3pm.

The festival, now in its fourth year, offers free workshops, performances and shows for young people aged 11 to 18. There will be lots of fun and creative activities to get stuck in with and have a go. The festival helps young people get involved in the arts and develop their creative skills.

We can't wait to see you there! Find out more here: [Surrey Youth Arts and Culture Festival - Surrey County Council](https://www.surrey.gov.uk/youth-arts-and-culture-festival).

DRAMA SINGING DANCE

Delivering fun and engaging performing arts classes led by professional tutors since 1995

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Saturday mornings
3-18 years

TWO WEEK TRIAL AVAILABLE BOOK NOW!

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