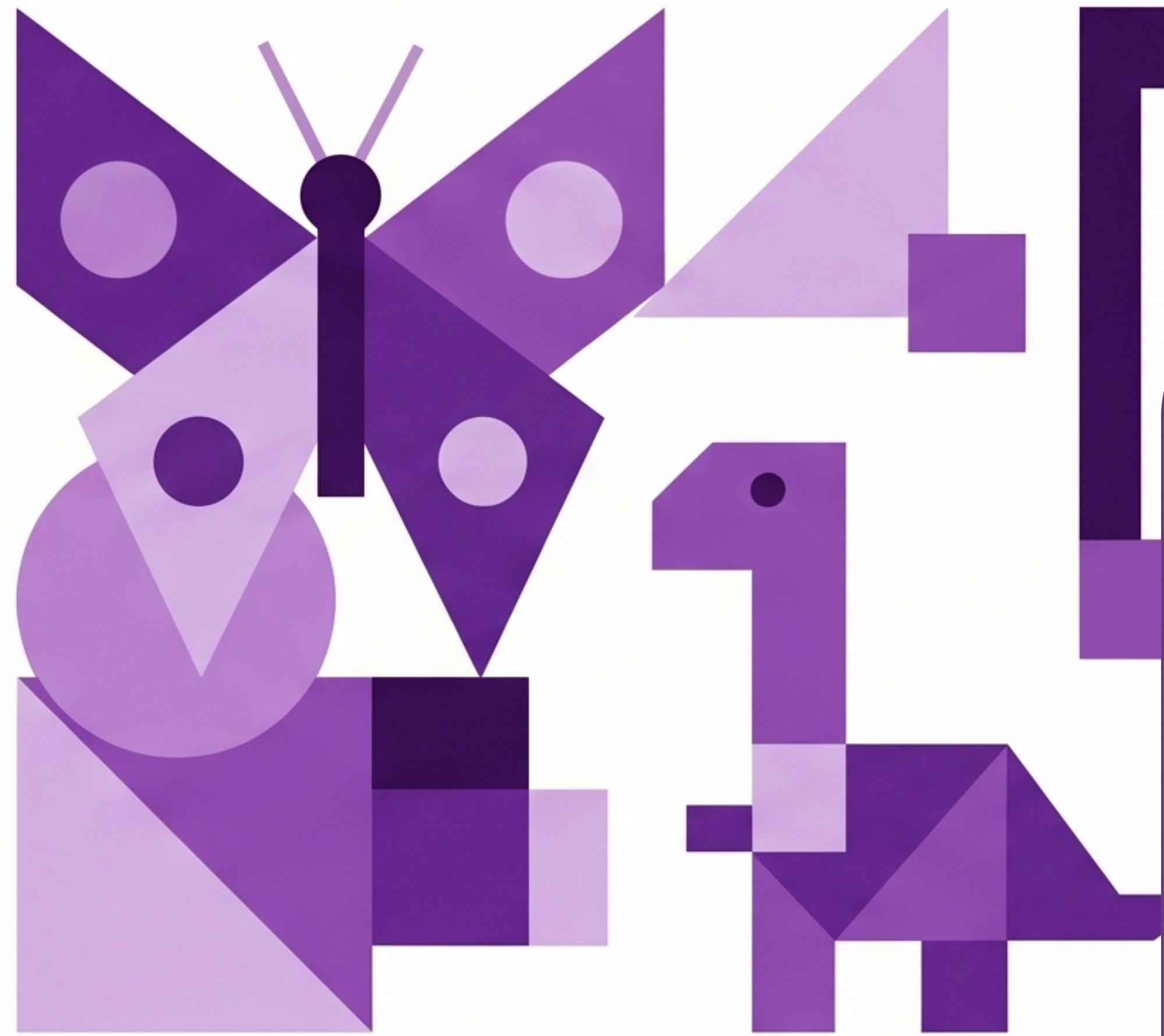


2BeSafe: Being Safe in a Digital World

Copyright and Ownership



I Made It!

If you create a picture, it belongs to you.



Digital Art

Pictures made on a computer belong to the person who made them.

Write Your Name



Putting your name on your work shows everyone it is yours.



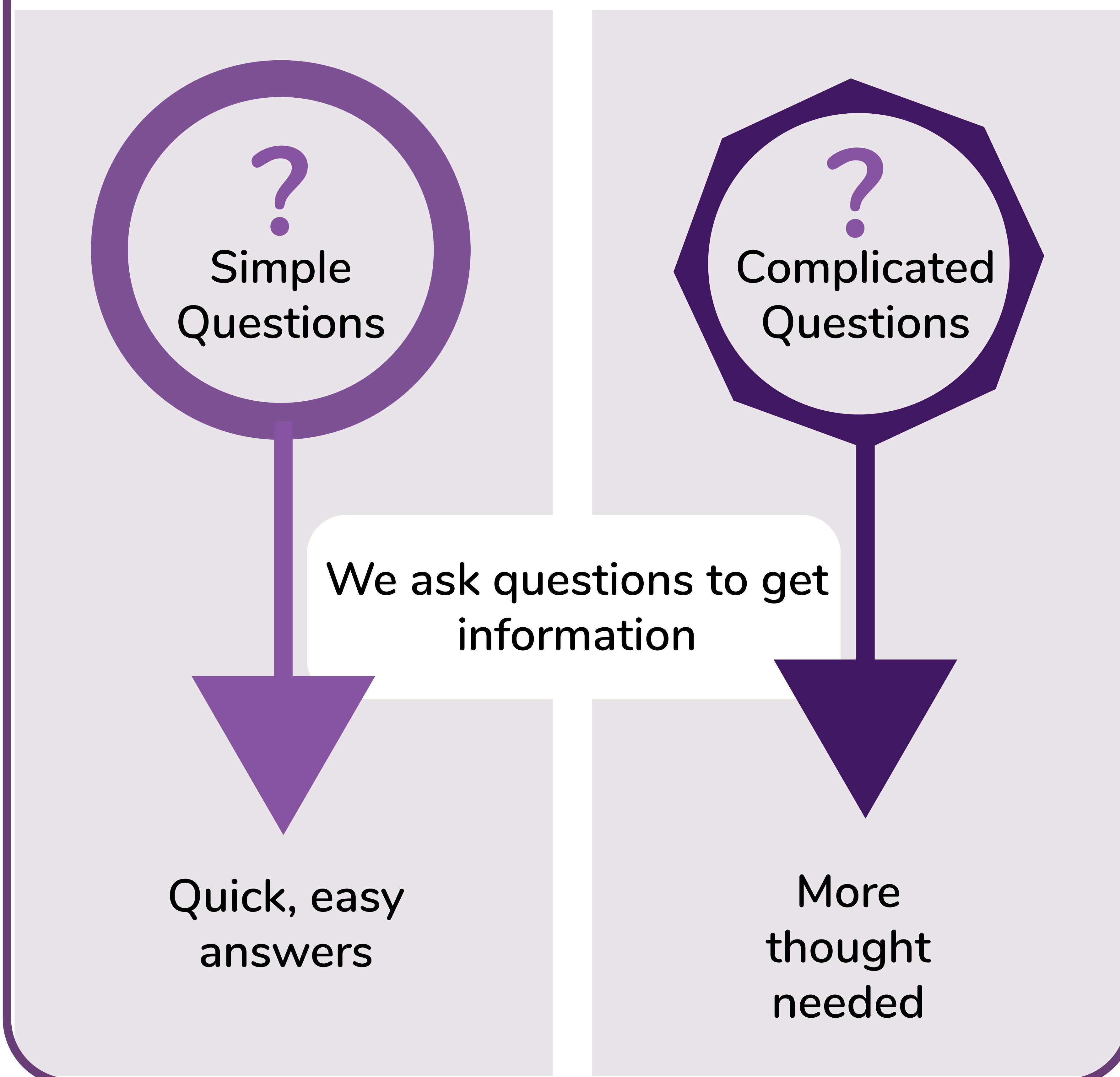
Be Proud

Saving and naming your work shows you are proud of it.

2BeSafe: Being Safe in a Digital World

Managing Online Information

Asking Questions



Finding Answers



Ask an adult



Look in a book



Ask a friend

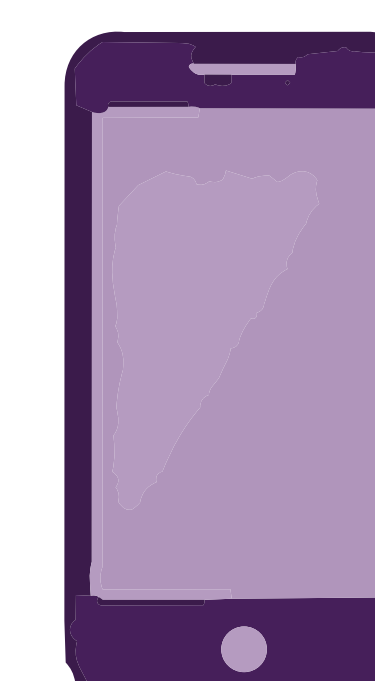


Use the internet

Devices that Access the Internet



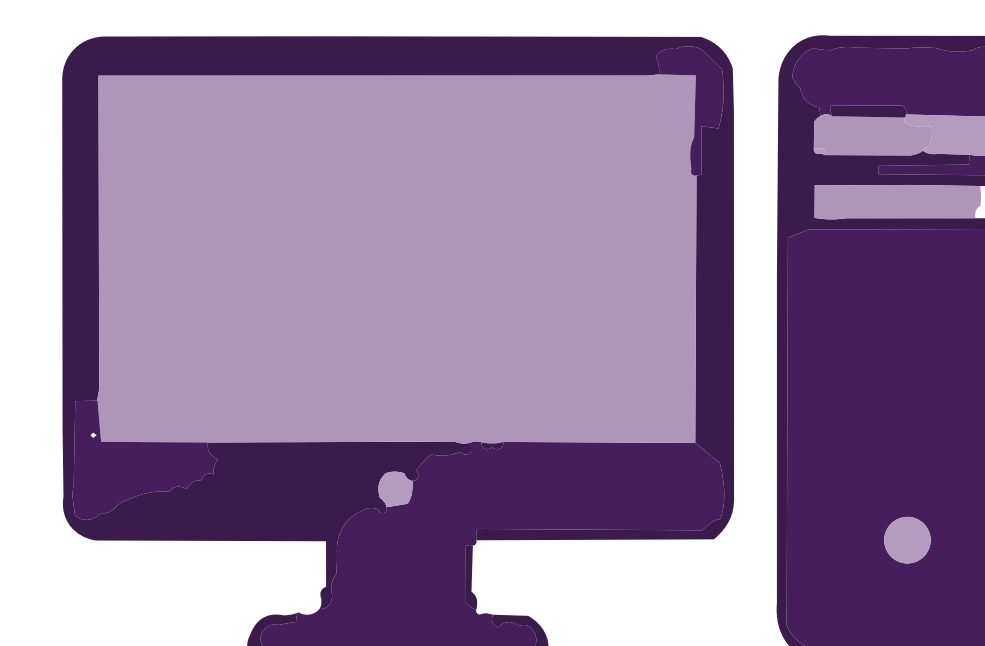
Tablet



Smartphone



Laptop



Desktop computer

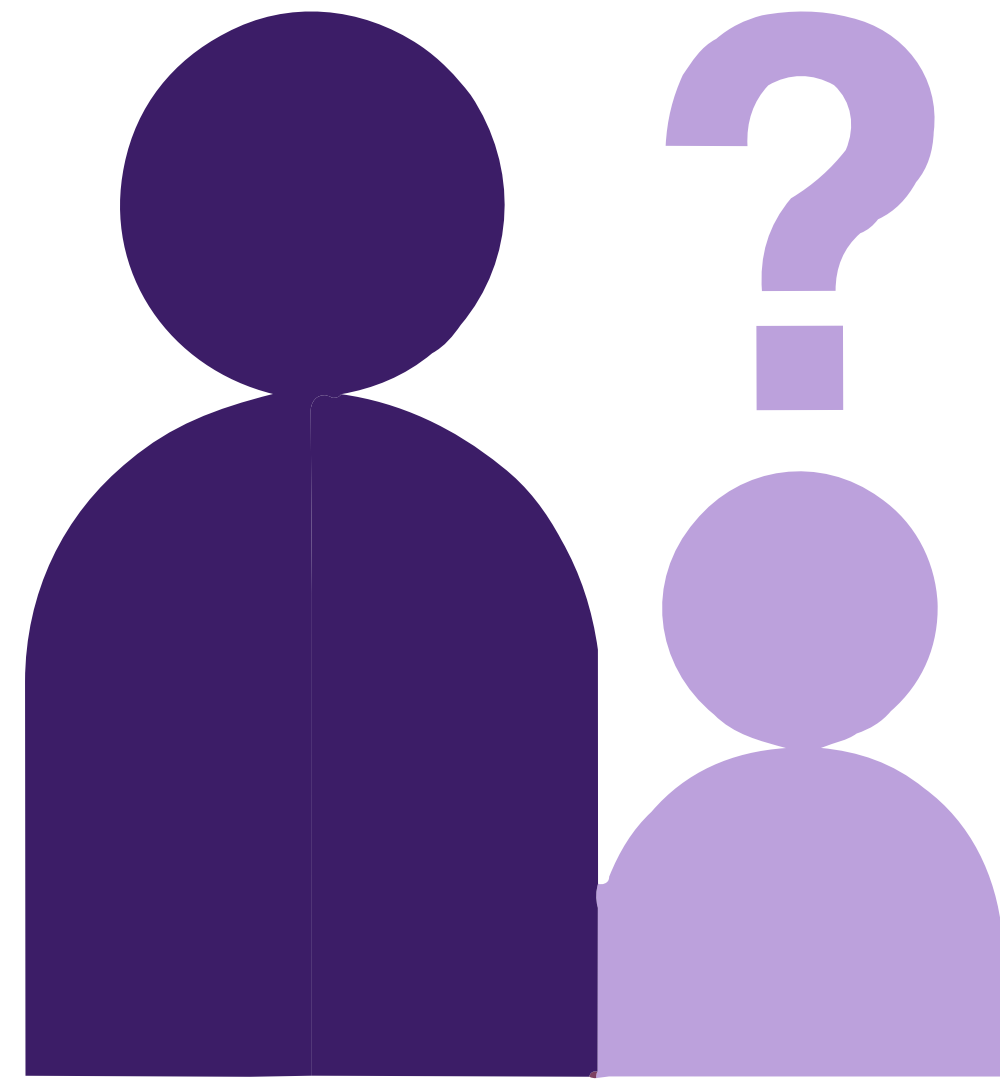


Smart Speaker

2BeSafe: Being Safe in a Digital World

Health, Well-being and Lifestyle

Always ask an Adult



Ask a grown-up before you start using a tablet or computer.

Search Together



Let an adult help you find things on the internet.

Rules



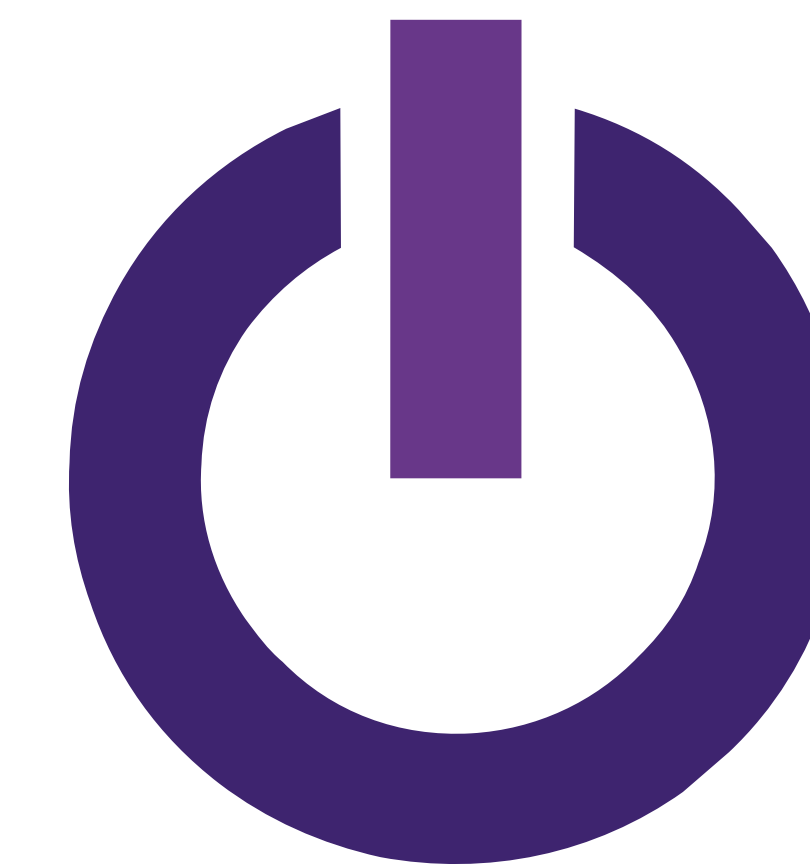
Rules exist to keep us all happy and healthy.



Short Time Only

Use devices for just a little while, then go and do something else.

Switch it Off



Turn off the device as soon as you are finished using it.

Listen to Trusted Grown-Ups



Follow the rules at home and school to stay safe.

2BeSafe: Being Safe in a Digital World

Online Bullying

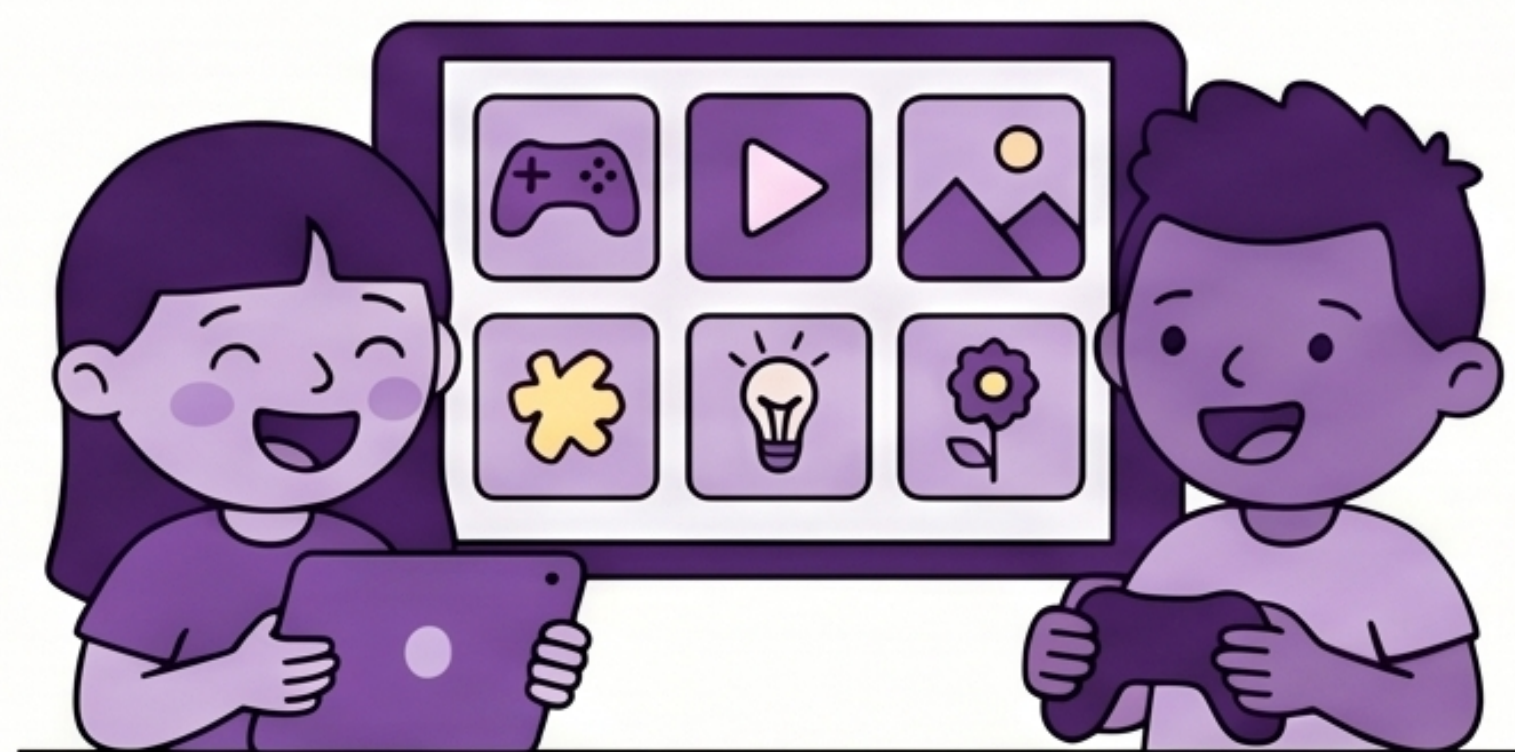
Being Kind Online

Be a Helper



Say nice things about your friend's pictures and work.

Play and Share



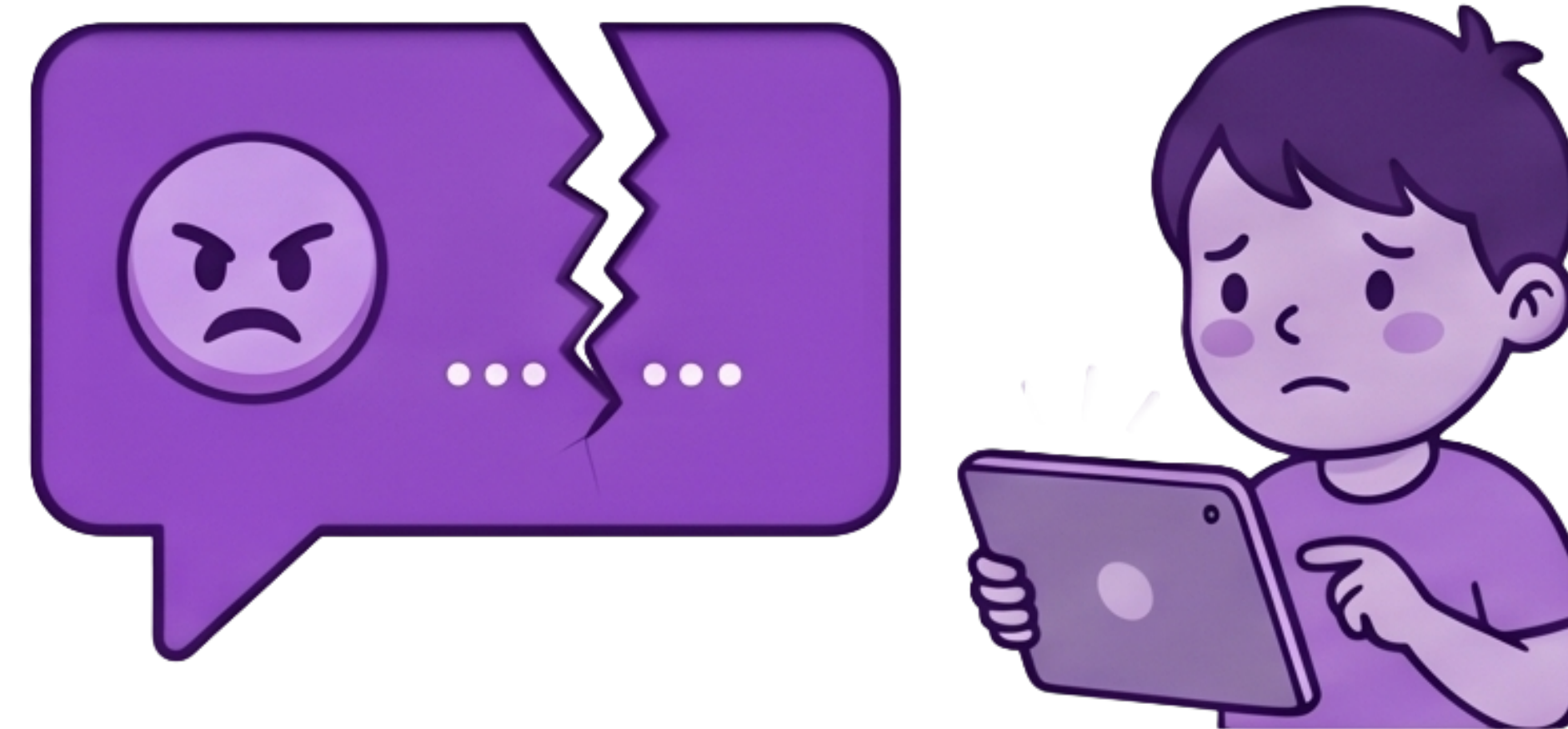
Use Kind Words



Think about how your words make others feel.

Being Unkind Online

Mean Words or Pictures



Someone saying unkind things or laughing at your photos and drawings.

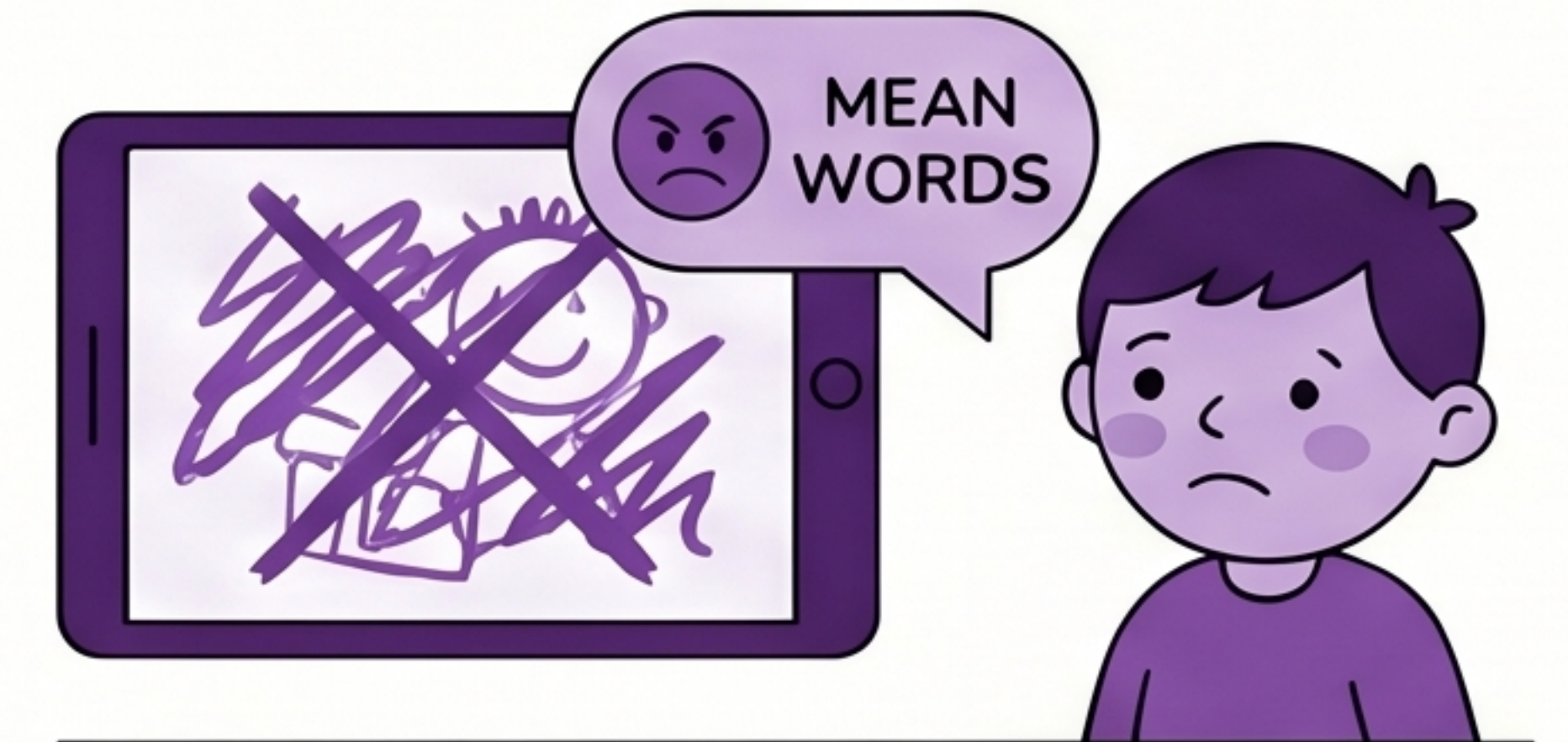
Stopping the Fun



Someone scribbling on your things or switching off your computer.

What to do?

Spot Mean Choices



Tell a Grown-Up



Who are your trusted adults?
Stop and Think



Before you do or say things that could upset others.

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Online Reputation

What is Your Information?



Your home

Information
about
yourself



Your family



Examples



Your age



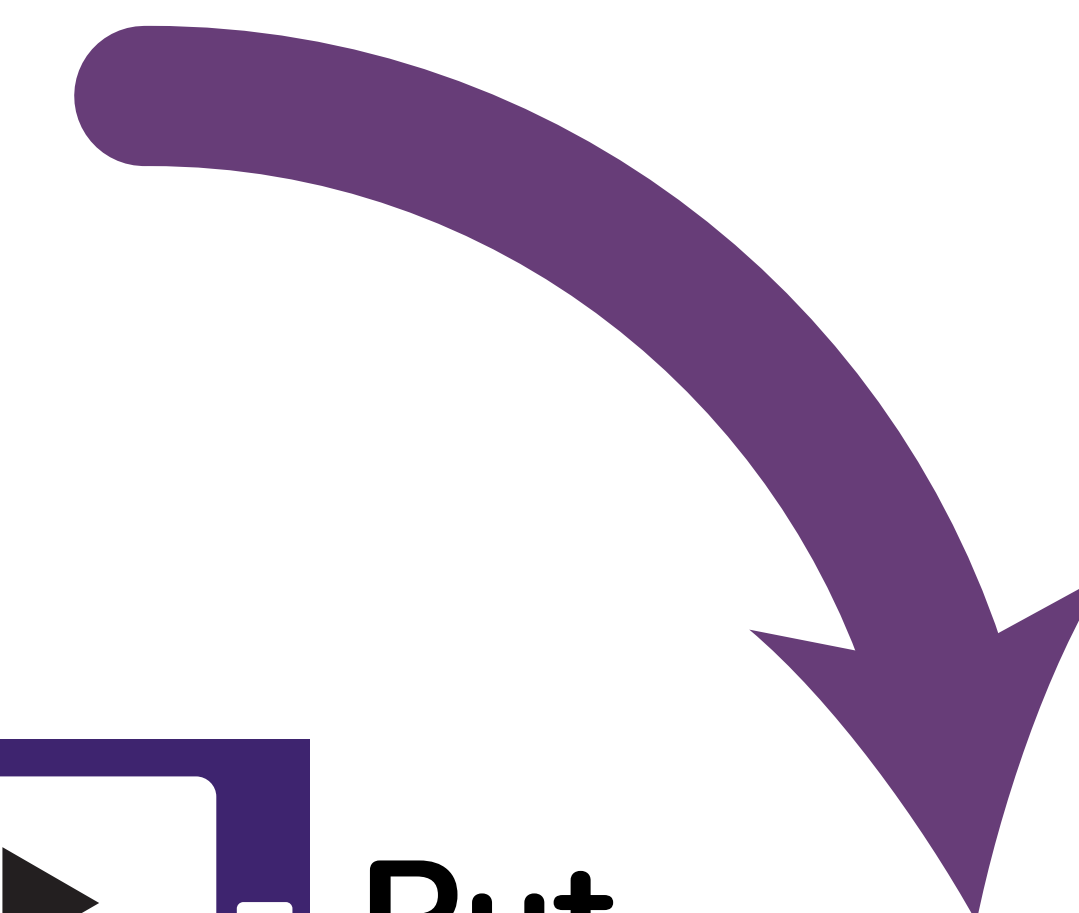
Your likes



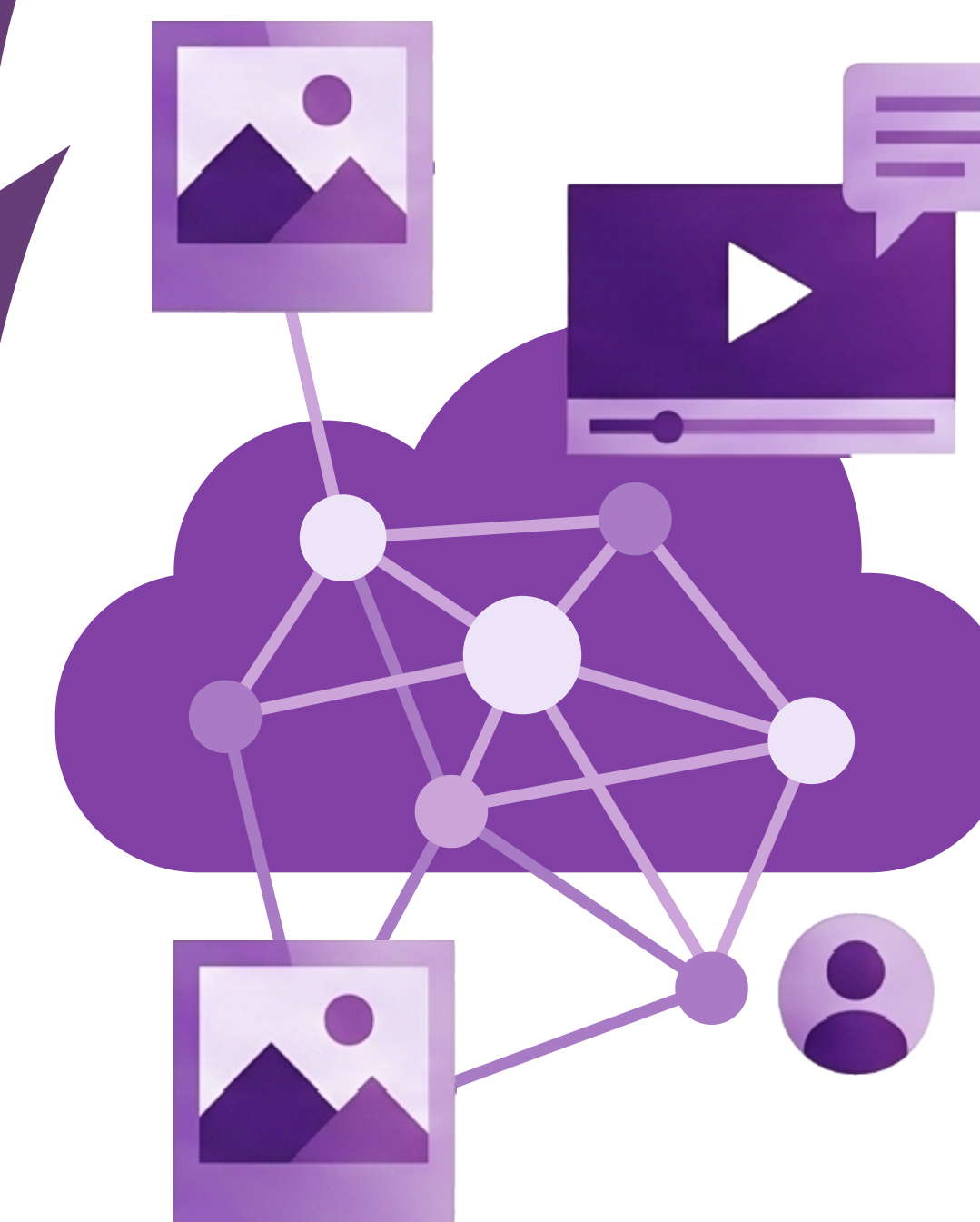
Your favourites

Sharing Online

Use a device to access
the internet



Put
information
in a message

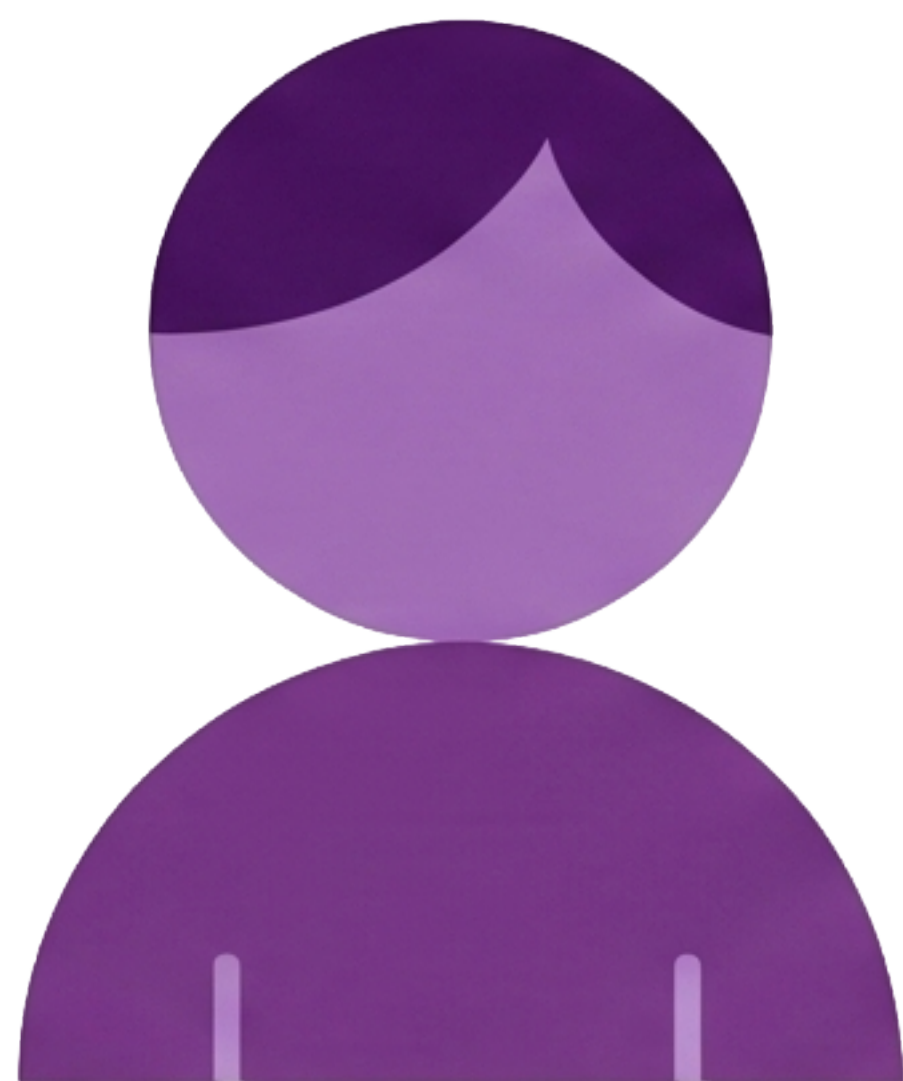


Send the
information
online

2BeSafe: Being Safe in a Digital World

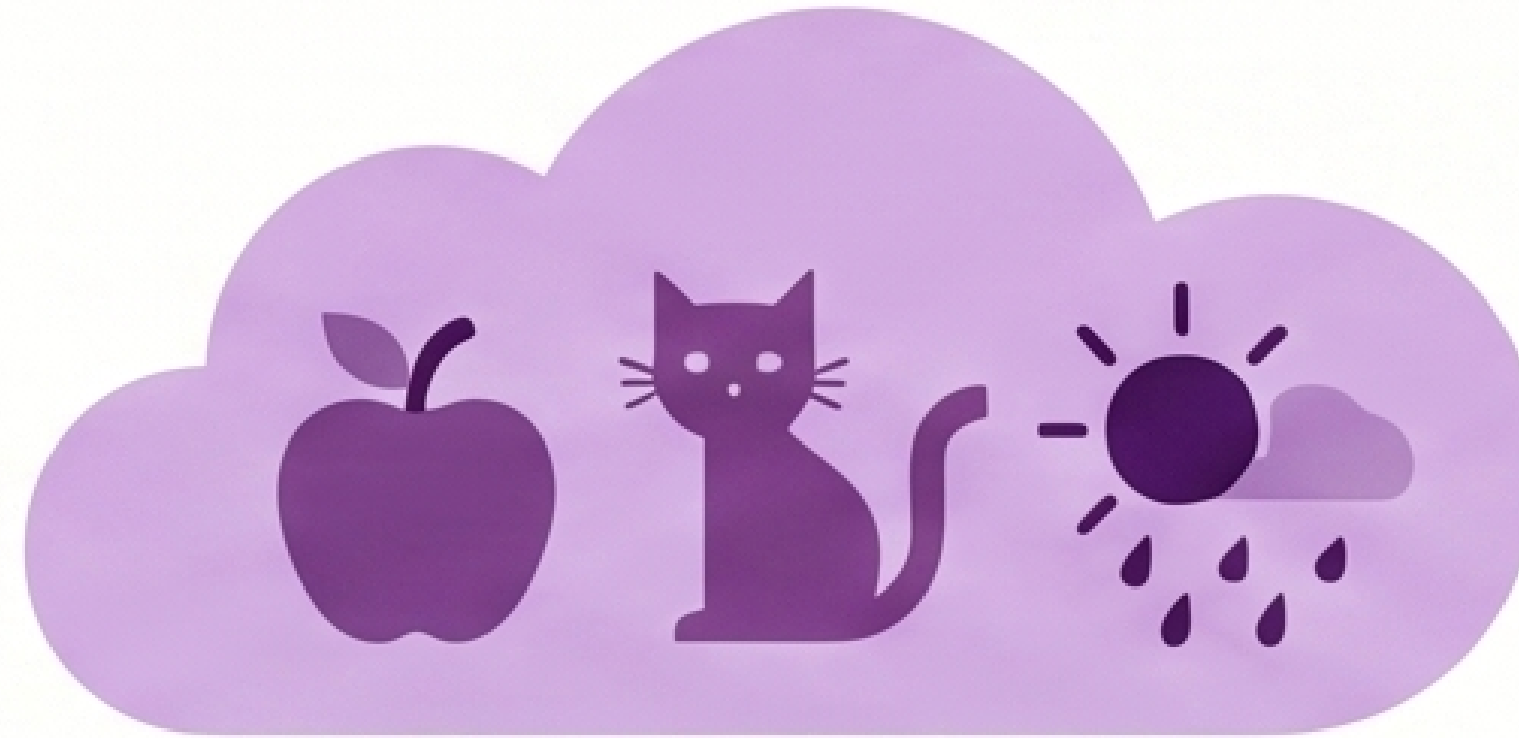
Privacy and Security

My Personal Information



Information All About You

Name, age, birthday, where you live, your school, your family name, your location



Not Private Information

Favourite food, favourite animal, the weather are not private pieces of personal information.



Personal Photos

A picture of yourself is also part of your personal information.

My Trusted Helpers

People We Trust



Trusted adults are people whose words and actions make you feel safe.

Family Helpers



You can share information with your trusted family who you see in everyday life, such as parents, uncles and aunts and grandparents.

Community Helpers



Teachers, doctors, nurses and club leaders help keep you safe and healthy.

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Online Relationships



How We Talk Online

Phone calling



See and hear friends and family on a screen or through a speaker.

Video calling



Texting, messaging and email



Send words, pictures and video using a computer or phone.

Games and gadgets



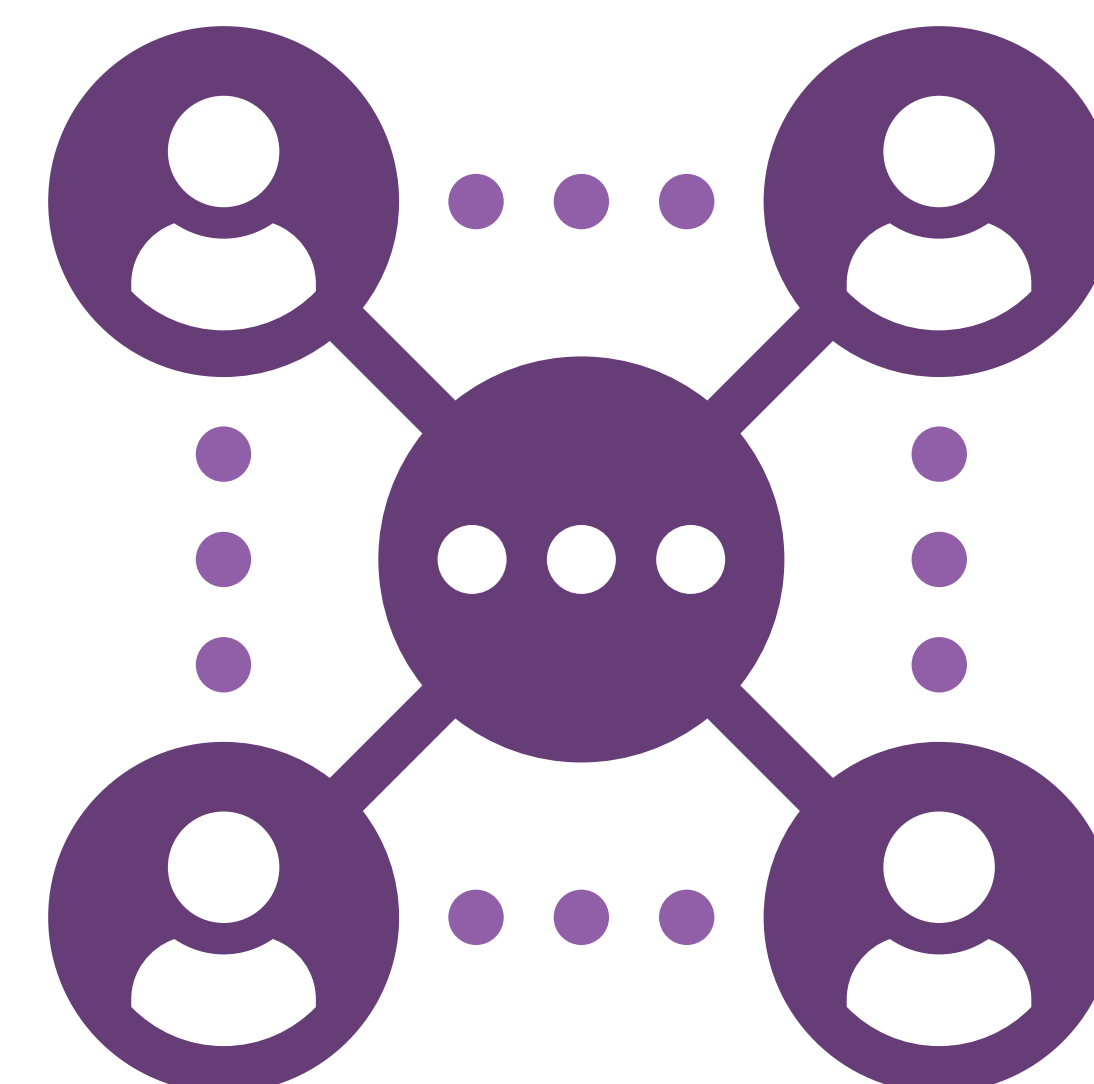
Talk to people through games and watches.

We Talk To People We Know



Online communication with close family and friends we know in real life.

Staying connected



Technology helps people to stay connected even when they are far away.

2BeSafe: Being Safe in a Digital World

Self Image and Identity

Where We Play



Offline and Online

Online means an activity that needs the internet.

Offline means an activity that doesn't need the internet.

Playing Everywhere

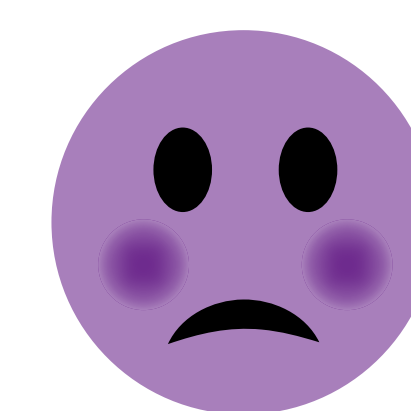
You can be safe while playing in the park or playing online. You follow rules to keep you safe.

Check Your Feelings

It is normal to have lots of different feelings. Talking about feelings helps us all to feel happier.



Sad



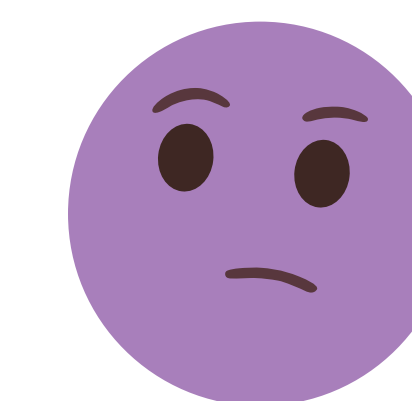
Embarrassed



Upset



Uncomfortable



Worried



Scared



Use Your Words



No

Please Stop

I'll ask

I'll tell

Tell an Adult

Tell a safe adult as soon as you can.

